NEWS 4 October 7-New Government documents released say a water taxi that capsized in Baltimore's Inner Harbor was carrying too many passengers. Five people died in March of last year when the Lady D ran into a sudden storm.

NEWS 4 October 10-The victim was flown to an area hospital with second degree burns, police say the attack happened at a T-Mobile Phone store on Woodyard Road in Clinton.

NEWS 4 October 10-In less than an hour we could know whether the President of American University Benjamin Ladner will keep his job, a small group of students, staff and faculty have been rallying all day against the President who's questionable spending has come under fire.

NEWS 4 October 10-In Potomac, Maryland residents are expressing both relief and sadness following an arrest in a high profile murder case. The wife of a prominent doctor was found dead, now the couple's son is charged with first-degree murder.

NEWS 4 October 11-The attack happened at a T-Mobile store in Clinton, the victim's best friend is speaking out about the couple's troubled relationship.

NEWS 4 October 11-The man at the center of the Taylor Behl investigation was back in court, Ben Fawley has not been charged in the 17-year-old's death, he is facing charges for gun possession.

NEWS 4 October 11-Students, faculty and staff at American University are moving forward, one day after their President was fired. Trustees voted to oust Benjamin Ladner; he had come under fire recently for his questionable spending.

NEWS 4 October 11-Alexandria City leaders want a local power plant shut down and they're ready to go to court to make sure it happens. The city has filed a lawsuit against Mirant Corporation and is asking the court to require the company to tear down their plant in Alexandria.

NEWS 4 October 12-The victim is identified as Yvette Cade by family members who were at the courthouse, meanwhile Cade remains hospitalized with burns to more than 60 percent of her body.

NEWS 4 October 12-Funeral arrangements have now been set for Taylor Behl, the Virginia Commonwealth University student who went missing last month and whose body was found.

NEWS 4 October 12-A police sweep in Prince George's County has taken more than 50 domestic violence suspects off the streets; sheriff's deputies surprised dozens of suspects hauling them into custody before dawn.

NEWS 4 October 12-Sheriff's deputies in Loudoun County are trying to track down the victims of a recent attempted robbery. The crime happened last month at the Goose Creek Reservoir in Ashburn.

NEWS 4 October 12-DC police chief Charles Ramsey is defending the city's zero tolerance law for driving under the influence, Ramsey says officers can use their discretion to determine if a driver who tests under the legal limit for alcohol can be arrested for drunk driving.

NEWS 4 October 13-Montgomery County police now have a mystery on their hands, DNA evidence found inside the home of a murdered Potomac woman doesn't match the prime suspect, her son.

NEWS 4 October 13-Counterfeiters are flooding the Baltimore area with fake one-hundred dollar bills, the bills are passing through many stores that test for commercial grade paper because they're printed on real money.

NEWS 4 October 13-For the first time the family heard audio recordings of the court hearing in which Yvette Cade fought to keep the protective order in effect.

NEWS 4 October 13-The police in Montgomery County are asking for help to locate a missing 12-year-old from Silver Spring, Loren Astwood is a student at Briggs Chaney Middle School in Spencerville, no one has seen her since she left school on Monday.

NEWS 4 October 14-The judge Richard Palumbo has been removed from domestic violence cases in the county.

NEWS 4 October 14-A Montgomery County man arrested on weapons violations last week is now out on bond, last Wednesday officers staked out the Rockville house of James Bradley after getting a tip that he was heavily armed. Police say they observed him carrying a heavy bag into his car they then stopped him and say they found a handgun under his seat along with photographs of his ex-wife and her current boyfriend.

NEWS 4 October 14-Sources say that Richmond photographer Ben Fawley is talking, Fawley has repeatedly denied any wrongdoing in the disappearance and death of the 17-year-old college student.

NEWS 4 October 14-Police in Fairfax County are continuing their crackdown on gang activity, in recent weeks they've made a number of arrests. Last month four boys were charged with malicious wounding after they allegedly assaulted a 17-year-old boy, the attack happened at a party in Falls Church.

NEWS 4 October 17-They sacrificed their lives to help protect others, a wreath laying ceremony was held at the National Law Enforcement Officers Memorial in northwest to honor 16 local and federal law enforcement officers killed so far this year. The memorial was first dedicated in 1991.

NEWS 4 October 17-A metro worker hit by a train this month has died, Michael Waldron of Riverdale, Maryland was doing some track work near the Braddock Road Metro station on October 1st when he was hit by a metro train. Waldron died of his injuries on Saturday.

NEWS 4 October 17-A Loudoun County grand jury has indicted a detective with the US Marshal's Service on first degree murder, investigators say 51-year-old John Ludwig shot his wife Karen to death on July 4^{th} .

NEWS 4 October 17-A frightening few moments for some office workers in Arlington, after a transformer burst into flames, it happened near the Rosslyn Metro Station around two o'clock. Witnesses say they saw a huge fireball explode out of the grates near the station.

NEWS 4 October 17-Along Suitland Parkway in southeast two victims were shot multiple times and appear to have been run over afterwards.

NEWS 4 October 18-A Pennsylvania woman facing a potential custody battle with the state could give birth, the courts are closely monitoring developments with Melissa Wolf Hawk, she is married to a convicted sex offender.

NEWS 4 October 19-It has provided refuge for hundreds of battered women in the District over the past 25 years, but now My Sister's Place is in need of help after thieves broke into the group's office over the weekend, computer equipment, a TV. And a VCR were among the items stolen.

NEWS 4 October 19-Ther is more information on the two men who were shot execution style in a southeast neighborhood. The bodies of 16-year-old Marcel Merritt and 17-year-old Kevin Jackson were found on Suitland Parkway near Alabama Avenue, DC police say Merritt had escaped from a juvenile facility about two months ago.

NEWS 4 October 19-Four men were detained on immigration charges as part of the investigation into the incident, which involved the Harbor Tunnel along 895 and the Fort McHenry Tunnel on 95.

NEWS 4 October 20-The woman who was set on fire in Prince George's County is showing signs of improvement, police say Yvette Cade's estranged husband Roger Hargrave doused her with gasoline and set her on fire. Cade is in critical condition.

NEWS 4 October 24-Police in Fairfax County are searching for a man who may be responsible for at least 4 sexual assaults in the Dunn Loring area, the latest attack happened inside the woman's home near Gallows Road early Sunday Morning.

NEWS 4 October 25-DC police were working with the FBI and say they've shut down a major drug kingpin operating out of the District, raids conducted throughout the city netted millions in cash and cocaine.

NEWS 4 October 26-Forest Heights, Maryland is without a Police Chief, the Mayor of this small town fired him less than 24 hours ago as the Chief was investigating a claim that the mayor assaulted one of his officers.

NEWS 4 October 26-A Prince George's County Judge already embroiled in controversy is facing new criticism, Judge Richard Palumbo had a 140 dollar speeding ticket voided by a Maryland State Trooper in February. The Washington Post is reporting the trooper who wrote that ticket, asked his Lieutenant to void it and noted Palumbo was a Judge.

NEWS 4 October 26-With winter and the Holidays approaching, robberies in the District are expected to rise, robberies already are up four percent this year from a year ago and DC police

Chief Charles Ramsey says more hold ups are expected as would be robbers try to steal people's jackets.

NEWS 4 October 27-There is more about a grand jury investigation into alleged corruption and bribery in the Prince George's County Government.

NEWS 4 October 28-18 days ago Yvette Cade was doused with gasoline and set on fire, her family is sharing photographs of the victim to make a point about domestic violence.

NEWS 4 October 28-A disturbing story out of southeast Washington, police are investigating after a 7-week-old infant was allegedly abused by the woman DC Welfare Officials had hoped would take care of her, a foster mother.

NEWS 4 October 31-Police in Wheaton are investigating a murder in a church parking lot, someone discovered a man's body outside the church on the corner of University Blvd and Rose Lane.

NEWS 4 November 1-There's been an arrest in the case of a body found near a church parking lot in Wheaton, a woman made the gruesome discovery as she walked by the Canaan Christian Church on University Blvd. Montgomery County police arrested Thomas Gonzalez, he's been charged with second degree murder.

NEWS 4 November 1-There are new details about the motive in a high profile murder case involving an exotic dancer, Emily Cagal was killed in March of this year and opening statements began in the trial of the man police say is responsible for her murder.

NEWS 4 November 1-An eight-week-old baby is starting to show signs of improvement after a disturbing case of alleged abuse, The Washington Times is reporting the baby identified as RP was removed from a ventilator and breathing on his own. Court documents say the baby's foster mother Tonya Jenkins dropped, shook, and hit him because he would not stop crying. It happened inside an apartment on Bass Circle in Southeast Washington.

NEWS 4 November 2-Criminal charges against Mark Makki have been dismissed, his mother was found murdered in their Potomac, Maryland home and her son was charged with murder and robbery.

NEWS 4 November 2-School leaders in Prince George's County will hold a meeting to discuss a school bus fight, the bus driver called police to break up a fight between two students near the 54 hundred block of 85th Avenue in New Carrollton. Several students became involved when police arrived.

NEWS 4 November 2-Surveillance photo's point out the killers of an exotic dancer, Emily Cagel was killed in her Rockville apartment in March.

NEWS 4 November 2-A major Civil Rights lawsuit was filed by some of the residents whose homes were destroyed by arson last year, it happened at the Hunters Brook Development in Charles County, Maryland.

NEWS 4 November 2-a man suspected in twenty bank robberies in the DC area is behind bars, he is 29 year old Donnell Berry, police believe he's the man who was photographed by a surveillance camera during a bank robbery in Charles County, Maryland.

NEWS 4 November 3-An incident happened at the Robert Goddard Middle School in Lanham, where the suspect 36 year old Pascal Brazey is a social studies teacher. After a two week long investigation police arrested Brazey at his home.

NEWS 4 November 3-New developments in the Taylor Behl case, Behl's mother and attorney met with prosecutors to talk about the grand jury investigation into her death, Taylor Behl was a student at Virginia Commonwealth University in Richmond.

NEWS 4 November 3-He's been accused of the unthinkable knowingly spreading the HIV virus to scores of victims all over our area, the man some call a monster found out how he'll pay for his crimes.

NEWS 4 November 3-Police say a fight over a burrito may have led to a pit bull attack in Northwest Washington, it happened outside a 7-11 store on Mount Pleasant Street, police say two men were arguing over the burrito when it spilled out into the street and that's when the girlfriend of one of the men got out of her car and released a 75 pound pit bull.

NEWS 4 November 4-18 year old Michael Acosta is a student at Marshall High School, he's under arrest in connection with a sexual assault near the Dunn Loring Metro Station. Police are also trying to find out if he's responsible for other attacks.

NEWS 4 November 7-p adults from the Washington area showed up at a house in Northern Virginia thinking they were there to meet a teenage boy that they had been chatting over the Internet. Instead they were caught on camera.

NEWS 4 November 7-A 21-year-old man is in critical condition after an assault at a local mall, investigators say the man was injured in a fight involving two groups on Saturday night. It happened at the Boulevard At The Capital Center in Largo, Maryland. The two groups broke up and ran off when police arrived.

NEWS 4 November 8-It happened in the 26 hundred block of 11th street, that's down the street from Eugene Meyer Elementary the school is currently on lockdown and the gunmen are still on the loose. Also there is new information about the scare at an Elementary School in Prince George's County, Arrowhead Elementary school in Little Washington was locked down after an officer driving by the school reported a man wearing a mask and carrying a long gun.

NEWS 4 November 8-The Maryland man accused of setting his wife on fire has been indicted by a grand jury, Roger Hargrave of Temple Hills faces charges of attempted murder and first-degree assault, last month his wife Yvette Cade was sent to the hospital with burns to 60 per cent of her body.

NEWS 4 November 8-The family of the young man who was beaten to death at a popular shopping center is talking about the crime and police are boosting the reward fund in hopes of finding the killers.

NEWS 4 November 8-The man accused of beating an elderly street vendor in Foggy Bottom will go to trial next year, in court a judge set a trial date of January 30th for James Dorsey. He's charged with felony assault and robbery.

NEWS 4 November 8-Police in Montgomery County are trying to catch a pair of jewelry thieves that may have hit the same store twice, last Sunday's theft at Accent Jewelers in Wheaton was caught on tape.

NEWS 4 November 8-France's President Jacques Chirac has declared a state of emergency that paves the way for curfews to be imposed on cities and towns hit hard by the country's worst civil unrest in decades, for a 12th straight night rioters set fires and clashed with police in more than 220 cities.

NEWS 4 November 8-Two suspects are now in custody after a shooting that forced an Elementary School into lockdown, DC police say a man was shot in the leg in the 26 hundred block of 11th street Northwest.

NEWS 4 November 9-a least 53 people were killed in an attack in the Jordanian Capital, hundreds of others were injured and the method of attack suggests the involvement of Al-Qaida which has a history of hitting high profile western targets.

NEWS 4 November 9-The FBI and Capitol police are still trying to find the person who attacked a Senate staffer last week. Emily DiSanto works as an investigator for Iowa Senator Charles Grassley, last Wednesday a man in a hooded shirt attacked her while she unloaded items from her car.

NEWS 4 November 9-New developments in the investigation into alleged kickbacks for government contracts in Prince George's County, the Maryland state prosecutor investigating the allegations called two top county officials to testify before a special grand jury.

NEWS 4 November 9-Fairfax County police arrested a man at the Pentagon after finding illegal material on his home computer.

NEWS 4 November 9-A teacher in Prince William County has been arrested for allegedly sexually assaulting a student, Jeffery Duane Wilson has taught at Osbourn Park High School in Manassas for 7 years.

NEWS 4 November 9-Still no arrest yet in the deadly assault at a shopping mall in Prince George's County, 21 year old Matthew Pickett of Upper Marlboro was beaten Saturday night while he was walking to the movies at the Boulevard At The Capital Centre in Largo.

NEWS 4 November 10-Raids carried out in both the District and Northern Virginia turned up everything from DVD's to handbags and watches.

NEWS 4 November 10-A woman police say is a serial bank robber has struck again this time in Loudoun County, police say this woman has robbed at least four banks in Northern Virginia in the past month. They say in three of the four cases she came into the bank while talking on her cell phone, police say she gives the teller a box with a hold up note attached to it.

NEWS 4 November 10-A teacher and coach at a Prince William County School is out on bond after being arrested on charges of sexually assaulting a student, Jeffery Wilson is accused of improperly touching a 15 year old who was alone in a classroom with him.

NEWS 4 November 10-The US Embassy in Jordan says at least one American was killed in the Hotel attacks, 56 people died when three suicide bombers simultaneously attacked three hotels in Amman, Jordan.

NEWS 4 November 10-The man accused of murdering an exotic dancer in her Rockville apartment admits he killed her, but he says he did it in self-defense.

NEWS 4 November 10-Virginia State Legislators have come up with a plan to deal with a Fairfax County Judge who has been dismissing DUI or drunk driving cases.

NEWS 4 November 11-Police in Blacksburg, Virginia are investigating the death of an 18 year old Virginia Tech freshman from our area, Brian McClosky of Olney died after suffering extensive injuries over the weekend.

NEWS 4 November 11-Police in Jordan have detained 120 people for questioning in Wednesday's suicide bombings, but 12 are being called actual suspects.

NEWS 4 November 11-The owners of two pit bulls that bit an elderly man in Charles County have been charged with harboring a dangerous animal, 77 year old Kenneth Garnes was out on his daily walk along Pinwood Drive in Waldorf when the dogs attacked him.

NEWS 4 November 14-Two Montgomery County police officers were injured in an accident near the Montgomery Mall, the accident happened on Democracy Boulevard near Westlake Drive in Bethesda just before 4 o'clock, police say a female officer was driving the cruiser that crashed into the tree.

NEWS 4 November 14-The Indiana State Police chase ended on a rural road with 18 year old David Ludwig crashing head on into a tree, Richard Garipoli Warwick Township police chief says they are both ok and we are working with the Indiana State police to get them back here so the proper jurisdiction can take over the investigation.

NEWS 4 November 14-Police are seeking at least five suspects some of whom are teenagers, the oldest is believed to be about 24, both of the stabbing victims remain hospitalized but their injuries are not life threatening.

NEWS 4 November 14-A final ride of the season ended in tragedy when a truck was being pursued by police veered into the wrong lane killing a motorcyclist. It happened on Buckeystown Pike in Frederick County.

NEWS 4 November 14-A local mother is arrested and charged with trying to poison her oneyear-old child.

NEWS 4 November 14-19 year old Candice Martinez was arrested early this morning at a home in Centreville, Virginia, a man described as her boyfriend is also in custody.

NEWS 4 November 14-Police say the string of violent crimes began in January of this year and continued through October.

NEWS 4 November 14-Two police officers from Alexandria have been cleared of any wrong doing for killing a man who was holding his son hostage last April, an internal police investigation found the officers were justified when they shot and killed Lewis Barber.

NEWS 4 November 14-The young man accused of murdering his 14-year-old girlfriends parents is back in home state of Pennsylvania, 18-year-old David Ludwig will face murder charges there.

NEWS 4 November 14-Parents and teachers say they hope the death of a local teenager will alert others to the dangerous trend called huffing. Erica Knoll died two weeks ago after sniffing from a can of computer cleaner in her Bowie home.

NEWS 4 November 16-The woman charged with robbing 4 banks while talking on her cell phone could face trial by early spring, that's just one thing we learned during her first court appearance but her day in Federal Court will have to wait.

NEWS 4 November 16-Frederick County School Officials are investigating a staff member suspected of threatening some students, in the past month three threatening notes were sent to two students who attend Thurmont Middle School. Police say one of the notes was found off-campus on a parent's van.

NEWS 4 November 17-Officials say it's an alarming trend that no one can seem to explain, over the past six months the Washington Society says there have been seven vicious attacks and they're wondering if the District has an epidemic on its hands.

NEWS 4 November 17-There's a tug of war between Federal and Local officials over the woman accused of robbing four banks in Northern Virginia. Federal authorities were to prosecute Candice Martinez the so-called Cell phone bandit first.

NEWS 4 November 17-Police in Annapolis are investigating a break in at the Senate Campaign office of Lt. Governor Michael Steele, four computers were stolen but the burglary does not appear to be politically motivated.

NEWS 4 November 17-A deadly double shooting is under investigation in the District, it happened in the 18 hundred block of Corcoran Street northeast around nine o'clock this morning.

NEWS 4 November 17-a new breed video surveillance cameras do more than just keep an eye on vandals, the cameras also give would be crooks a talking to. The talking cameras are going up in Baltimore, the city invested in the cameras in an effort to stop quality of life crimes like illegal dumping.

NEWS 4 November 17-The startling spike in homicides has people in the community on edge, Prince George's County Police Chief Melvin High says lowering the murder rate is his top priority.

NEWS 4 November 18-Candice Martinez alleged accomplice David Williams appeared in court and his family is offering an inside look at how the couple operated.

NEWS 4 November 18-Investigators in Arlington County are looking for a driver in a hit and run accident in Rosslyn, Jay Strohm was hit while he was crossing the 18 hundred block of North Quinn Street on November 6th.

NEWS 4 November 18-Channoah Green is accused of kicking her toddler out of her car then hitting him as she drove away, Green was in court for a preliminary hearing.

NEWS 4 November 18-It was sentencing day for a former substitute teacher in Fairfax County accused of having sex with a student, a Judge ordered Dana Snyder to spend two years in jail and than she'll be on probation for another three years.

NEWS 4 November 21-Police in Fairfax County want your help cracking a case that's affected hundreds of children, a number of youth athletic fields throughout the Chantilly and Centreville areas were recently damaged. Investigators say someone drove on seven different fields spinning circles and leaving holes as deep as eight inches, police think the fields on Barnsfield Road and Centreville road were damaged around October 12th and the fields on Bull Run Post Office road may have been damaged around October 29th.

NEWS 4 November 21-A local high school student faces robbery charges for what police say is a growing crime around the County, she's accused of stealing an ipod from a woman on metro. And police say she did not commit the robbery alone.

NEWS 4 November 21-It seems thieves are taking the cheer out of the holidays by stealing packages right off your doorstep; so far some 45 packages have been stolen in the Alexandria area.

NEWS 4 November 21-Six weeks ago Yvette Cade's life changed forever and as the holidays approach her family says they are grateful she is still alive. Cade continues to recover at the Medstar burn unit at the Washington Hospital Center.

NEWS 4 November 22-Humane Society officials rescued more than 55 cats from a townhouse in northeast Washington, officials say the house was filthy and many cats were sick and two were dead.

NEWS 4 November 22-A major sting in the area has ended with three dozen men facing child sex charges, police made the arrests after the men propositioned officers posing as underage children.

NEWS 4 November 22-Police in Montgomery County say they've made an arrest in the shooting death of a teenager last week, investigators have charged Parris Pratt of Silver Spring with killing 16 year old Philip Cunningham, he lived in the District.

NEWS 4 November 22-A near miss for a newborn as Prince George's County makes a grim milestone, this year's murder rate has set a new all time high with a 155 deaths, in the latest incident the bullets that were fired and took the life of a young man also crashed through the window of a nearby home and just missed hitting a baby.

NEWS 4 November 22-It involves millions of dollars in stolen jewels and a special escape car that sprays oil on the road to send police cars skidding, sounds like a movie but the FBI says this burglary gang is real and they may have struck in this area.

NEWS 4 November 23-Police say a man shot two people inside a food distribution business and then turned the gun on himself, it happened at the warehouse headquarters of H & M Wagner and Sons in Glen Burnie around 2 o'clock. The suspect had apparently been fired several weeks ago.

NEWS 4 November 23-Another student is beaten on a school bus in Prince George's County and the parents of this student are pledging legal action, the seventh grader says she was assaulted by a group of girls on her ride home.

NEWS 4 November 28-Sara Hernandez-Torres called her family and said she and her 5-year-old son had been abducted, that prompted the Amber Alert. But Hernandez says she made it all up and now she could be slapped with charges.

NEWS 4 November 28-DC police are now investigating the death of a teenager who was locked up at the Oak Hill Youth Detention Center, the initial investigation shows Karl Grimes was injured last Wednesday during a fight with two other teens. Grimes lost consciousness for a time after hitting his head.

NEWS 4 November 28-A teenager is dead after a drive by triple shooting in southwest Washington, police say 18-year-old Gregory Kirkland was one of three people sitting on a wall when someone opened fire from a passing car.

NEWS 4 November 29-A number of assaults on local school buses has put parents and students on edge, now the parents of two Prince George's County Middle School students say they've had enough and are pulling their children out of school because they fear for their safety.

NEWS 4 November 29-The so called cell phone bandit appeared in Federal Court in Alexandria, 19 year old Candace Martinez was ordered held without bond, a Federal Judge ruled that she poses a danger to the community and a risk of flight if released from jail.

NEWS 4 November 30-Police charged the mother with first-degree murder in her baby's death, the incident happened back in October. The mother is identified as 21-year-old Danielle Riley of Clinton; she was a student at Villa Julie College in Owings Mills, Maryland.

NEWS 4 November 30-A Virginia man is one of four people being held hostage in Iraq, Tom Fox was a long time resident of Northern Virginia. He left his job in Springfield two years ago and moved to Clear Brook, Virginia near Winchester to become a trained peacemaker in Iraq.

NEWS 4 November 30-Prince George's County is cracking down on thieves who steal from stores, the new campaign addresses a major concern of local retailers and also offers more protection for holiday shoppers.

NEWS 4 November 30-Prince William County police are looking for a man who used a ruse about a lost puppy to lure some children into the woods and then exposed himself. It happened in Lake Ridge, Virginia between Hedges Run Drive and Nutmeg Court on Monday afternoon.

NEWS 4 November 30-He's been in hot water before for allegedly overcharging his customers and now some say the law has finally caught up with the head of Frank's Towing, George King is behind bars and charged with failing to pay his taxes.

NEWS 4 December 2-A violent night in the District, four people were killed in four unrelated shootings, they happened between 11 pm and 5 am in northwest, southeast, and northeast Washington.

NEWS 4 December 2-A judge has granted bail to a 21-year-old college student charged with murdering her newborn daughter, bail was set at 50 thousand dollars for Danielle Riley. Police say she gave birth in her dorm at Villa Julie College in October and then left the baby in a storm drain near her parent's home in Clinton.

NEWS 4 December 2-Three suspects are under arrest and charged with shoplifting, and leading officers on a high-speed chase around the beltway and a fourth suspect is still not in custody. The chase began when officers noticed four people shoplifting at Tyson's Corner.

NEWS 4 December 2-Police in the District are investigating an awful crime, the rape of a 12 year old girl on her way to school, the girl told investigators she was taken by a man with a gun near the intersection of 16th and Q streets in southeast. The man drove her to the 13 hundred block of Morris Road and sexually assaulted her.

NEWS 4 December 2-A man faces charges of taking indecent liberties with a child, investigators say the Arlington County police officer thought he was having sexual conversations with a teenager online, but he was really talking to police.

NEWS 4 December 2-A Fairfax County family is facing a heart-breaking anniversary this weekend, the drunk driving death of their 16 year old daughter, but they have new hope that the adult who provided her alcohol may finally be brought to justice.

NEWS 4 December 5-Her murder remains a mystery, it's been two years since someone shot and killed Nancy Dunning the wife of Alexandria Sheriff James Dunning and police still don't have a suspect in custody.

NEWS 4 December 5-The one year anniversary of the worst arson fires in Maryland history, 36 houses were set ablaze at the Hunter's Brooke Development in Charles County. 3 of the young men responsible for the fires were sentenced in Federal Court.

NEWS 4 December 6-Federal prosecutors say they want to scale back testimony from 911 victims when the sentencing phase of Zacarias Moussaoui's trial begins next year. Last April

Moussaoui pleaded guilty to conspiring with Al-Qaida and now faces the death penalty or life in prison.

NEWS 4 December 6-Charges have been filed against the local mother who sparked a false amber alert last month, 22 year old Sara Hernandez-Torres of Silver Spring called her family back on November 26th and said she and her 5 year old had been abducted by her former boyfriend.

NEWS 4 December 6-Some would be thieves shot an armored truck driver during a botched robbery attempt in DC, it happened outside the Wachovia Bank at 5005 New Hampshire Avenue Northwest.

NEWS 4 December 6-Police in Prince William County are looking for a guy who robbed a bank in Woodbridge, investigators hope someone will recognize the man in the surveillance photos and call them.

NEWS 4 December 6-Maryland laws tracking sex offenders could get tougher, new bills are being proposed by Maryland's Governor and State Attorney General, the new bills are designed to better protect the public from the dangers of sexual predators.

NEWS 4 December 7-Arlington County police are on the scene of a brazen bank robbery, one employee was injured during the holdup, it happened at the BB&T Bank on Fort Myer Drive in Rosslyn.

NEWS 4 December 7-A Fairfax County man who's been married seven times has been indicted on a bigamy charge, an arrest warrant has been issued for 61-year-old Ed Hicks.

NEWS 4 December 7-A former Montgomery County teacher who served three years in prison for having sex with a 12 year old student id in court trying to get custody of her 2 children, Catherine Peay who now goes by her maiden name Turner is seeking a divorce from her estranged husband and fighting for custody of their two kids.

NEWS 4 December 7-A local man is facing charges after police say he posed as a 14 year olds godfather to sign him out of school and sexually assault him.

NEWS 4 December 8-Two brothers were assaulted in the middle of the day as they were building a snowman in Fredericksburg, police may have the perfect evidence they need to solve the crime.

NEWS 4 December 8-Firefighters are battling a fierce 2-alarm house fire, the blaze has engulfed a home on Taylor Street in Chevy Chase.

NEWS 4 December 8-Police describe it as a bizarre criminal coincidence, the brother of a suspect in a high profile Alexandria murder case was killed in what police say was as unrelated incident in the city.

NEWS 4 December 8-A desperate search is on for a missing doctor from Virginia, George Schreiner was last seen around six last night, Schreiner is in his 80's, he had just visited his wife at a nursing center in Fairfax and was supposed to go back to his home in Great Falls.

- NEWS 4 December 8-A massive fire is burning at a house in Chevy Chase, firefighters have been battling the blaze for more than an hour.
- NEWS 4 December 9-Two people, a disabled man and his son are seriously hurt after being trapped in their burning home, it happened in Boulevard Heights.
- NEWS 4 December 9-DC police have just shut down a nightclub where there was a murder, it's the Ascot Club in Northwest, someone stabbed and killed 23 year old Terry Smith of Bowie just before midnight. Detectives are still trying to figure out who is responsible.
- NEWS 4 December 9-There was an underground fire in downtown DC early this morning and the messy weather is likely to blame, according to Pepco water and road salt may have gotten underground causing some insulation and wiring to catch fire near the Convention Center.
- NEWS 4 December 9-Police in Prince George's County have nabbed a man some are calling the Grinch who tried to steal Christmas, Joseph Moore of Clinton is charged with stealing a tractor in Forestville and then a trailer filled with toys from a K-Mart in Oxon Hill. The toys were worth 100-thousand dollars.
- NEWS 4 December 9-New details emerged in court about a District man who police say sexually abused a teenager numerous times, during a bond hearing it was revealed that 40 year old Ralph Nelson is HIV positive.
- NEWS 4 December 9-In Virginia, Christians and Muslims are coming together to pray for a local man being held hostage in Iraq, the interfaith vigil is happening at the Adams Center Mosque in Sterling, its being held in honor of Tom Fox of Springfield.
- NEWS 4 December 12-Fire officials say five other people inside the home got sick, they're being treated at local hospitals. The victims were found at about 8:30 this morning inside a home in the one thousand block of Spring Road in Northwest.
- NEWS 4 December 12-DC police thought they had their man earlier during a barricade situation, but they turned up empty handed and they are still looking for the suspected kidnapper, the same man who police ended up chasing into The National Arboretum.
- NEWS 4 December 12-A New York City police detective could be in trouble for a shooting that happened in DC, investigators say it happened Friday night in the area of 16th and Nicholson Streets, Northwest. New York City police tell DC police one of their detectives was confronted by a number of armed teenagers.
- NEWS 4 December 12-Father Robert Brooks had pleaded no contest to child pornography charges, his sentence came down within the last hour at the Loudoun County District Courthouse in Leesburg, Virginia.
- NEWS 4 December 12-It was a very emotional day for students and teachers at Boonsboro High School in Washington County, Maryland, two seniors and a recent graduate were killed on Sunday when a fire swept through a home in Keedysville, that's just south of Hagerstown.

- NEWS 4 December 13-A disturbing scene for some children going to school after a woman was found shot to death on a playground, it happened at Nalle Elementary School in the 200 block of 50th Street in southeast Washington.
- NEWS 4 December 13-A surprising end in the case of the so called cell phone bank bandit, Martinez plead guilty to charges that could put her behind bars for the rest of her life.
- NEWS 4 December 13-A Virginia woman who locked her children in the trunk of her car will not be spending anytime in jail, Tamatha Parker of Culpeper admits that back on June 25th she put her 5 year old son and daughter in the trunk to punish them. She was in the parking lot of a Wal-Mart in Fredericksburg.
- NEWS 4 December 13-Police in Prince William County will soon be implementing a new program to better monitor sex offenders; it's called Project Safe Neighborhood. Under the program a local police officer will stop by and verify each registered sex offender's listed address.
- NEWS 4 December 13-First there was the cell phone bank robber, now we have the affluent sophomore class president bank robber, students at Lehigh University in Pennsylvania are stunned to hear that a fellow student who is the sophomore class president and son of a Baptist Minister is under arrest for bank robbery.
- NEWS 4 December 13-Alexandria police have made an arrest in connection with dozens of package thefts in an affluent neighborhood there, and the victims will likely be surprised when they learn about the suspect.
- NEWS 4 December 13-A man wanted on bigamy charge was arrested after a woman recognized him on the Dr. Phil Show; the episode featured two women who discovered they were both married to Ed Hicks at the same time.
- NEWS 4 December 13-Rockville police are asking for the public's help in finding a man who's using stolen credit cards, the picture of the suspect was taken by surveillance cameras after using the cards at several stores.
- NEWS 4 December 14-There was a guilty plea in a high profile animal hoarding case in Fairfax County, it involved an elderly woman and hundreds of cats she thought she was protecting.
- NEWS 4 December 14-Ruth Kaneeven's attorney says she was driven to take in hundreds of cats out of concern for neighborhood strays, but he says the situation got out of control. Those hundreds of cats are now dead and their 83-year-old caretaker will never own another animal again.
- NEWS 4 December 14-Federal Air Marshals are getting ready to test their tactics on the ground, The Washington Post is reporting teams of undercover Marshals will be deployed to bus, train and metro stations in seven US Cities, including Washington and Baltimore.
- NEWS 4 December 14-The state Crime Commission is reviewing legislation that calls for tougher penalties for sex offenders. One bill requires a mandatory, minimum 25 year sentence for first time sexual offenders who assault children younger than 13.

NEWS 4 December 14-The search is on for five registered sex offenders in Charles County, Maryland, who police say they've lost track of, according to the sheriff's office John Stevens, Philip Keys and Samuel Sparks failed to update their registry information and now investigators are trying to find them.

NEWS 4 December 15-A 25 million dollar lawsuit was filed in connection with a controversial police chase 14 months ago, a Montgomery County police car involved in the pursuit drove into the District and broadsided a Toyota Corrola carrying two passengers. Those accident victims were trapped and suffered numerous injuries.

NEWS 4 December 16-The search is over for a murder suspect who escaped from Prince George's County police detectives, Adrian Ashton was being taken in for questioning when he escaped from a detective's car in Landover, police say he was still wearing his handcuffs when he was caught.

NEWS 4 December 16-The hidden camera investigation taped 19 men over three days arriving at a house in Northern Virginia after making a date with someone posing as a teenager, so what happened to some of the men exposed in the story? And what can parents do to protect their child?

NEWS 4 December 16-Police in Virginia say they've nabbed four men behind a string of ATM robberies across three states, the men are all from Bowie are suspects in 33 robberies in Virginia, Maryland, and West Virginia that have netted more than a million dollars.

NEWS 4 December 16-For two weeks the search has been on for the baby Jesus stolen from a nativity scene in front of a Fredericksburg dentist's office, thanks to three wisemen the Christ child has been found.

NEWS 4 December 19-In Montgomery County a 22 year old Wheaton man has been charged with growing marijuana in a public park.

NEWS 4 December 19-Alexandria police are looking for a suspect who's wanted for robbing at least two banks in our area, both happened on Friday the first at the Sun Trust Bank on King Street, the suspect went in and slipped the teller a note demanding money.

NEWS 4 December 19-A quick thinking check cash store employee stops a would be robber, it happened last Monday in the three thousand block of 14th street northwest.

NEWS 4 December 19-Gruesome testimony in the trial of a man accused of beating his pregnant girlfriend to death with a baseball bat, the case is one of the first to apply to Virginia's new feticide law.

NEWS 4 December 20-The latest on a developing story from Lake Ridge, Virginia where police have taken in two suspects in a bank robbery this afternoon, police say around 3 two armed men walked into the Provident Bank in the 12 hundred block of Hedges Run Drive in Lake Ridge.

NEWS 4 December 20-A family in Prince George's County is devastated this evening after their dog was shot, it happened around noon outside a home on Banner Street in Brentwood. James

Smith owns two Rotweillers; he was inside his house playing a video game when he heard a gunshot.

NEWS 4 December 20-In Spotsylvania County the trial of a woman accused of involuntary manslaughter after her three pit bulls killed an elderly neighbor is now under way.

NEWS 4 December 20-The verdict is in, a Prince William County man has been found guilty of murdering his pregnant girlfriend and causing the death of her unborn child.

NEWS 4 December 20-The guilty verdict means 27 year old Carlos Williams faces life in prison for a crime prosecutors call one of the most gruesome they've handled, the victim 17 year old Cherie Washington was beaten to death last January.

NEWS 4 December 20-A grisly discovery in Frederick County Maryland, last Wednesday animal control officers received a tip about a home in Mount Airy where hundreds of cats and dogs were being kept.

NEWS 4 December 21-A Montgomery County man is facing charges for a series of sexual assaults on young girls that date back to the 1980's, the suspect is a 50-year-old man who was arrested at his home in Germantown.

NEWS 4 December 21-The prosecution has rested and now the defense is presenting its case in the trial of a Spotsylvania County woman accused of allowing her dogs to fatally maul her neighbor.

NEWS 4 December 21-The shooting of two Baltimore City police officers, apparently by another law enforcement officer, it happened in the Randallstown area.

NEWS 4 December 21-A special grand jury has returned indictments against a former Prince George's County official and a private citizen. The Maryland State Prosecutor has been investigating corruption allegations in connection with awarding County contracts.

NEWS 4 December 21-The charges include bribery and stealing, if convicted the two people indicated today face imprisonment of up to 15 years and fins up to 5 thousand dollars, this investigation has gone on for more than a year and it was conducted by the Maryland State Prosecutor in cooperation with Maryland State police and the US Postal Inspection Service.

NEWS 4 December 21-Firefighters in Arlington now have a new piece of rescue equipment that will help them respond to emergency situations, this new mobile command unit is very hi tech. It will provide firefighters and emergency workers with better communication and capability to deal with a disaster.

NEWS 4 December 21-Maryland Governor Robert Ehrlich was in Hyattsville announcing that the number of car thefts has dropped dramatically in Prince George's and Montgomery Counties.

NEWS 4 December 21-Police hope surveillance video will help track down four suspects in an attack, police say the incident may have started with some sort of altercation at Pentagon City Mall.

NEWS 4 December 22-A stabbing suspect was found guilty of second-degree murder in the death of Kanisha Neal, and the judge had harsh words for the suspect in the case.

NEWS 4 December 22-Police descended on a Prince George's County neighborhood where they chased two men involved in a carjacking at a Metro Station, police say it all started when the driver of a blue Chevy offered two young men a ride to the Deanwood Metro Station in northeast around 6 am.

NEWS 4 December 22-A love triangle may have lead to the deaths of two Baltimore police officers, the man accused of killing them is a police officer himself, he was once engaged to one of the victims. Eugene Perry is charged with first-degree murder in the deaths of Adam Vazquez and Leslie Holiday.

NEWS 4 December 22-Police in Fairfax County now have a second suspect under arrest in a decade old sex assault, it happened back in 1991 in Chantilly. The victim who was 19 at the time was forced into her car then sexually assaulted and robbed.

NEWS 4 December 22-A man wrongfully convicted of sexual assault and recently cleared by a lab review of DNA evidence have been pardoned by Governor Warner.

NEWS 4 December 22-A verdict is reached in a high profile case in Northern Virginia in which an elderly woman was mauled to death by three pit bulls, the attack happened back on March 8th as 82-year-old Dorothy Sullivan was walking her dog.

NEWS 4 December 22-Jurors have wrapped up the penalty phase of the case and have decided on a sentence of three years in jail for Deanna Large.

NEWS 4 December 23-Allegations of stalking and bomb threats at a Frederick County School and a teacher is charged with the crime. 40-year-old Michelle Dohm is being held on 100 thousand dollars bond and accused of making bomb threats at Thurmont Middle School.

NEWS 4 December 26-The bodies of the five people were found at two homes in Great Falls in McLean, Virginia, all were victims of an apparent murder-suicide.

NEWS 4 December 26-A rise in crimes targeting Hispanic immigrants in our area has local police officials concerned, Hispanics have reported more than 2-dozen assaults and robberies in Annapolis since last spring.

NEWS 4 December 26-Police say a domestic dispute may have lead to a deadly shooting in northeast Washington, it happened in the 34 hundred block of South Dakota Avenue.

NEWS 4 December 27-The body of 20 year old Stephen Kelley was found slumped over in the passenger seat of a car, the car was parked on Stone Hollow Drive in the Stoneridge Community, the engine was still running.

NEWS 4 December 27-New Year's Eve falls on a Saturday night this weekend and police in all jurisdictions are going to be on extra alert, here in the District, extra city police will be on duty enforcing new drunk driving laws.

- NEWS 4 December 27-The city doesn't want to lose business to the suburbs, but city police are going to be on alert Saturday.
- NEWS 4 December 27-The family of one of the victims killed in this week's horrible murdersuicide in Fairfax County is speaking about the tragedy.
- NEWS 4 December 28-Police in Alexandria are investigating after a man is shot and killed in Old Towne, the shooting happened in the 800 block of Montgomery Street and now residents there are worried about a spike in crime.
- NEWS 4 December 28-Two men are in police custody charged with trying to return some stolen items to a store in Tyson's Corner, the men were nabbed on Monday.
- NEWS 4 December 28-Police in Montgomery County are stepping up patrols after a sharp rise in robberies in certain parts of the County, more than a hundred extra officers are being deployed to deal with the spike in crime in parts of Silver Spring, Wheaton, Montgomery Village and Gaithersburg.
- NEWS 4 December 28-Police say one way to avoid becoming a robbery victim this time of year is to be mindful of what you throw away in your trash, it could tip off a would be thief.
- NEWS 4 December 28-A brief scare at a mail facility in Prince George's County, the bomb squad was called out when a suspicious package was found at the bulk mail facility in Capitol Heights.
- NEWS 4 December 29-The ordeal began this morning at the family's home in Crofton, Maryland, police say 17-year-old Thomas Reimann grabbed his father's gun and shot at his parents before taking off in the family car.
- NEWS 4 December 29-A 13-year-old girl was driving an SUV and crashed into someone's house, it happened in the 8 thousand block of Buckman Court in Hybla Valley Virginia.
- NEWS 4 December 29-Fairfax County police have charged a man with impersonating a police officer and abducting a woman in Falls Church, police say several weeks ago John Lay approached a woman going inside her house on Barrett Road.
- NEWS 4 December 29-Investigators are trying to figure out what led a young man to kill his mother, three other people and finally himself, they have a new clue in their search for a motive.
- NEWS 4 December 29-Police say a man wanted for killing his girlfriend in the District earlier this week allegedly committed another violent act, investigators are still searching for William Gales. Authorities say Monday morning, Gales shot and killed his girlfriend 24 year old Latisha Etheridge at a home on South Dakota Avenue Northeast.
- NEWS 4 December 30-An attack happened back on December 10 and the victim spent 9 days in a coma, he doesn't remember much as he recovers and now police are asking for help in finding the suspect.

NEWS 4 December 30-There's been an arrest in a deadly shooting that happened in Germantown, police arrested 20 year old Quinton Thomas of Gaithersburg, he's charged with first degree murder. Thomas is accused of shooting another Gaithersburg man, Stephen Kelley.

NEWS 4 December 30-Police in our area are looking at new ways to use technology to fight crime, in Prince George's County Chief Melvin High wants to put surveillance cameras near so called crime hotspots similar to a project in Baltimore. DC police Chief Charles Ramsey is considering a similar plan.

NEWS 4 December 30-The son of a Federal Drug Enforcement Agent who police say fired shots at his parent and then fled to New Jersey is back in Maryland, 17-year-old Thomas Reimann of Crofton is being held on one million dollars bond.

NEWS 4 December 30-Police all around the area are getting ready for the New Year, security around Monuments and first night events will be stepped up

NEWS 4 December 30-Police in Maryland say they've nabbed a suspected rapist, investigators believe the suspect is responsible for several rapes in Prince George's County over the last year.

NEWS 4 December 30-Burglars are targeting homes in the McLean area, the rash of burglaries in the upscale neighborhood has homeowners on guard.

NEWS 4 December 30-Police in Fairfax County are still searching for the gunman who opened fire at a Denny's restaurant in Alexandria, it happened in the 72 hundred block of Richmond Highway.

Education

NEWS 4 October 5-The US Supreme Court heard arguments in a case involving the Montgomery County School System, it involves the way students who need special education are treated.

NEWS 4 October 5-A piece of aviation history is on display at the Smithsonian Air and Space Museum, space ship one was officially donated to the Museum.

NEWS 4 October 10-A professor from the University of Maryland is this year's winner of the Nobel Prize in Economics, 84-year-old Thomas Schelling received the news. He is sharing the prize with 75-year-old Robert Aumann who holds dual citizenship in the United States and Israel.

NEWS 4 October 10-A simple idea launched in Washington more than four decades ago is still going strong, It's Academic is making its 45th Anniversary, while the contestants may change from year to year TV's longest running quiz show still has staying power.

NEWS 4 October 12-A High School principal from Fairfax County was honored for being the very best in the Country, Mel Riddile from Stuart High School in Falls Church is the 2006 National High School principal of the year.

NEWS 4 October 14-Attending the ceremony was Nettie Washington Douglass, she's the only known living descendent of both Frederick Douglas and Booker T. Washington.

NEWS 4 October 17-Prince William County Schools is getting a helping hand to develop a sophisticated communication system to deal with emergencies, the Justice Department has awarded the school district a quarter of a million dollar grant for new technology to improve communications. The technology will help link wired and wireless communication systems into one secure network and provide information from the schools to local police and fire departments.

NEWS 4 October 17-School officials in Montgomery County touted their success when it comes to closing the achievement gap, the superintendent of schools Dr. Jerry Weast joined students and educators at Piney Branch Elementary School in Takoma Park for the announcement of some new study results.

NEWS 4 October 18-An abandoned southeast school building gets a chance to make a difference, Thurgood Marshall Academy, a public Charter High School dedicated it's new home on Martin Luther King Jr. Avenue after a 14 million dollar renovation.

NEWS 4 October 18-There is bittersweet news when it comes to footing the bill for a college education, according too the college board the average tuition and fees at a four year college were up more than seven percent from last school year.

NEWS 4 October 24-Air Force One is now on public display at the Reagan Presidential Library, the Boeing Seven flew seven Presidents form Richard Nixon to Bill Clinton. But it was Ronald Reagan who used the plane the most during his presidency taking more than 200 trips around the country and world.

NEWS 4 October 26-A lot of students, parents, and teachers in the Fairfax County School System are pushing for a later start to the school day, the beginning of morning classes ranges from 7:15 to 9:15 across the school district.

NEWS 4 October 27-You win an Oscar for excellence in the movies and Olympic Medal if you're a world class athlete or the CY Young award if you're the best pitcher in major league baseball. But what do you get for being a great teacher?

NEWS 4 November 1-If you saw something flashing across the night sky you weren't alone, Astronomers say it was part of a meteor shower that lit up the sky just after sunset, many viewers emailed us after seeing the bright bluish white streak flash past them.

NEWS 4 November 1-A toddler from Ellicott City is proving you can learn to read at a very young age, Autumn Boit is just 21 months old and she's been reading for a while, her parents credit her amazing ability to Dr. Robert Titzer, a California educator who developed a series of videos and DVD's called Your Baby Can Read.

NEWS 4 November 4-There's been life on our planet for hundreds of millions of years but we're still debating how it got here, evolution or intelligent design, a trial is underway now in Harrisburg Pennsylvania. 8 families are suing a school district that requires a statement to be

read to 9th grade biology students that says Charles Darwin's theory of evolution is not fact and has inexplicable gaps.

NEWS 4 November 10-An extraordinary experience for students at Booker T. Washington Charter School in Northwest, they got a chance to spend some time with the Dalai Lama. The Dalai Lama is spending 10 days visiting Washington; he shared with students some of his philosophies on education, spiritual renewal, and life and death.

NEWS 4 November 11-If you think you have to go to New York to get exciting art, you need to take a hike where 24 artists in the Logan and Dupont Circle neighborhoods of DC open their homes and studios to the public for an art walk.

NEWS 4 November 17-We hear from the City Council about what's going on with public schools in the District, but it was the students turn. Students at Wilson High School in Northwest took part in a forum hosted by News 4 James Adams some said they believe they're getting a first rate education and others disagreed, but there was no disagreement on the crumbling buildings, the shortage of books and supplies, and whether City Government and the School Administration are doing what they should to support schools.

NEWS 4 November 18-An area High School student facing expulsion over a controversial tee shirt id threatening a lawsuit against the Prince George's County School System, the student is a tenth grader at Laurel High School.

NEWS 4 November 21-News 4 has learned that one of the Districts highest achieving High Schools has reached an agreement to temporarily stop it's efforts to become a Charter School, Wilson parents have complained about building neglect, inadequate classroom space and an overall decline in educational resources.

NEWS 4 December 2-Hundreds of college students were forced out of their schools in the wake of hurricane Katrina, many of them ended up here in the Washington area, the transition was difficult and now they face another tough decision, where to go next semester.

NEWS 4 December 2-The British Government has adopted a new method to teach young children how to read, the system is known as synthetic phonics and it concentrates on a student's ability to learn the 44 different sounds in the English language.

NEWS 4 December 14-The District Public School System is plagued with many long standing problems: an embarrassingly high drop-out rate, students with no books, and a crumbling infrastructure. But there are programs transforming children's lives, one of them the only Urban Public Boarding School in the County.

NEWS 4 December 21-Tight budgets can make teaching tough, but some DC public and charter schoolteachers are getting tools that the schools can't give them.

NEWS 4 December 27-For centuries they have been the backbone of the African American Community, the first hands the newborns feel, the thread that keeps it all together, they are the Black Midwives the Smithsonian's Anacostia Museum and Center for African American History

is offering a vast and sensitive look at these wise women with an exhibit called Reclaiming Midwives, Pillars of Community Support.

NEWS 4 December 28-Thousands of people in our area don't read but listen to their books and a local company that puts the books to tape may be one of the best kept secrets.

Health

NEWS 4 October 3-A health alert involving a new meningitis vaccine. There are concerns the new vaccine Menactra may have a dangerous side effect, five teenagers have developed a serious neurological disorder called Guillian Barre Syndrome after getting the vaccine. The Food and Drug Administration and Centers for Disease Control are investigating the cases.

NEWS 4 October 3-Another sign of a troubling trend in our country, a new report suggest a majority of Americans are at risk of becoming overweight or obese, researchers found that over a 30 year period nine percent of men and seventy percent of women were either overweight or obese.

NEWS 4 October 3-An urgent warning about certain pre-packaged salads after an e.coli outbreak in Minnesota, the Food and Drug Administration says some Dole mixed salads have been connected to the illness.

NEWS 4 October 4-Some local lawmakers are furious with the Department of Homeland Security for being left out of the loop on a possible security breach, sensors on the National Mall detected a potential deadly bacteria called Tularemia back on September 24th, the day of a huge anti-war protest.

NEWS 4 October 4-Virginians will now have to show an ID if they want to buy some over-the-counter cold medicines, Sudafed and similar medications contain substances that are generally used to fight cold, sinus or allergy symptoms. But those substances are also used to manufacture meth, an illegal and highly addictive drug.

NEWS 4 October 5-A scientific first may help in the fight against bird flu, and low cost treatment that may help some people with high blood pressure.

NEWS 4 October 5-There's mixed news from the annual report on cancer in the United States, overall the number of people dying from cancer dropped about one percent a year between 1993 and 2002. However there was a slight increase in the number of new cancer among women.

NEWS 4 October 5-Some news that may help people with high blood pressure who don't respond well to standard medication, a new study finds water pills may do the trick.

NEWS 4 October 5-Children in DC public schools are now getting free breakfast, the school system launched the program. It's for all children, not just students from low-income families.

NEWS 4 October 7-October is National Breast Cancer Awareness Month and one of the messages of this year's campaign highlights the importance of annual screenings.

NEWS 4 October 7-The American Cancer Society recommends most women get their first mammogram when they turn forty, women whose mother or sister have been diagnosed with breast cancer may want to get screened earlier.

NEWS 4 October 7-There is increasing concern that the bird flu that has killed dozens of people in Asia could spread to the United States, local officials are making plans to deal with a possible breakout.

NEWS 4 October 10-The Nation's largest group of Pediatricians is out with new recommendations to prevent Sudden Infant Death Syndrome or SIDS.

NEWS 4 October 11-A positive finding from researchers: cholesterol levels are going down in Americans, but there's a catch it's not because of healthier eating habits.

NEWS 4 October 12-You may not find relief from a sinus infection with an over the counter medication after all, the Food and Drug Administration says it will prohibit the use of the term sinusitis on nasal decongestants sold over the counter, because there is little evidence they can be used to treat sinus infections.

NEWS 4 October 12-New vaccines could help prevent up to one million new cases of whooping cough in the United States each year, that's according to a new study in the New England Journal of Medicine.

NEWS 4 October 12-Smoking is bad for you and it may affect your brain, a new study suggests long-term tobacco use diminishes a person's thinking skills and lower their IQ. Researchers at the University of Michigan made what they call the surprise finding while conducting a study about alcohol and thinking skills in men.

NEWS 4 October 12-It seems music may be good medicine for babies born prematurely, doctors at Children's Hospital in Akon, Ohio found that lullabies played softly in the preemies' incubators sped up the babies recoveries.

NEWS 4 October 13-Finding out if you have the AIDS virus may soon be as quick and easy as taking a home pregnancy test, the Food and Drug Administration is considering clearing the way for a home HIV test that would show results in less than a half hour.

NEWS 4 October 13-There's a warning about toxic chemicals found in some baby products and toys, a study by the Public Interest Research Group claims there are toxic chemicals in teethers, bath books, sleep accessories and other products marketed for infants.

NEWS 4 October 14-The Centers for Disease Control says it's too early to say what kind of flu season we'll have this year, but it's expected to release it's first report on flu activity in the US soon. There appears to be some good news about the supply of the flu vaccine, flu shot clinics such as the one in College Park are being held in our region. For now the CDC is recommending the vaccines only be given to people in high-risk groups.

NEWS 4 October 14-The trial of the RSL patch is still underway, if the results are promising the drug will be submitted to the FDA for approval. But that's not expected to happen before the end of the year at the earliest.

NEWS 4 October 17-A breath test may be an effective way of detecting a dangerous bacteria in the lungs of people with cystic fibrosis. Cystic Fibrosis is a genetic disease that leads to life threatening lung infections.

NEWS 4 October 17-A minimally invasive surgical procedure appears to offer long-term relief for people with severe reflux disease, a new study finds that five years after having laparoscopic surgery about 93 percent of patients were pleased with the outcome. However researchers note that nearly ten percent of the patients in the study had resumed taking medication.

NEWS 4 October 17-A daily weigh-in may prevent dieters from gaining back their weight, that's according to a new study from Brown University Medical School. The study involved 291 people who had lost an average of 44 pounds. After a year and a half 61 percent of dieters who stepped on the scale daily kept off their weight.

NEWS 4 October 17-The bird flu shows up in a new place, Greece is reporting it's first case of bird flu. Officials there say the virus has been found in one turkey.

NEWS 4 October 18-The cause of Sudden Infant Death Syndrome remains a mystery but new evidence shows a disturbance in a key brain chemical may be behind the condition, a researcher with the University of Chicago says serotonin helps regulate the flow of another brain chemical key to breathing.

NEWS 4 October 18-The widespread use of anti-bacterial soaps is being called into question, the Food and Drug Administration released documents that raise concerns about the soaps used, saying they could carry environmental and public health risks.

NEWS 4 October 24-The Center for Disease Control now recommends everyone get a flu shot, the agency had asked that only high risk people get vaccinated during the first few weeks of October, in case of a vaccine shortage.

NEWS 4 October 24-The importance drug Viagra may be good for the heart, researchers at John Hopkins found the drug significantly reduces the effect of stress on the human heart. Stress brought on by disease, exercise or emotion can cause the heart to beat faster an increase the force with which the heart pumps blood to the rest of the body.

NEWS 4 October 24-Clogged arteries in the leg is a potentially dangerous condition known as Peripheral Artery Disease or PAD, new research finds African Americans are twice as likely to develop the condition than other ethnic groups, even after certain risk factors such as diabetes and hypertension were taken into account.

NEWS 4 October 24-It appears longer may be better when it comes to using the drug Tamoxifen to treat a certain type of breast cancer. A new study finds five years of Tamoxifen therapy significantly increases survival for women under the age of 55 whose tumors are ER positive, researchers compared the survival rates of women who did either two or five years of treatment to see if the length of treatment made a difference.

NEWS 4 October 25-Baby sign language, it's the latest way moms and dads are communicating with their little ones, research shows babies can learn to sign as early as ten months old, well before they are able to talk.

NEWS 4 October 25-An update on a medical story we first reported last year, a rare occurrence that happens to some patients during surgery. They sometimes wake up during an operation but can't get help because the anesthesia they've given leaves them unable to talk.

NEWS 4 October 26-Plans are in the works to expand hospital care in Spotsylvania County, County Leaders and Representatives with the Hospital Corporation of America announced plans to build a new hospital on 60 acres of land along I-95 and route 17.

NEWS 4 October 26-A growing number of Americans are begin diagnosed with diabetes, putting themselves at risk for serious health complications. Now a new online program paints a clear picture of you risk and what you can do to decrease it.

NEWS 4 October 27-There's new hope for thousands of people who suffer from type one diabetes, researchers say a new cell transplant may get rid of those daily insulin injections. A team of doctors in Miami has developed a way to transplant islet or insulin-producing cells from donated pancreas into the patient's liver.

NEWS 4 October 31-The Federal Government is launching a new public service campaign aimed at underage drinking, the new as campaign will try to encourage parents to talk to their children about alcohol: Health and Human Services Secretary Mike Leavitt says underage drinking is a growing problem and says more and more kids are drinking and they're trying alcohol at a young age.

NEWS 4 October 31-This is a critical week for drug maker Merck; closing arguments are being presented in the product liability case involving the painkiller Vioxx. A New Jersey man sued the company saying Vioxx caused him to suffer a heart attack in 2001.

NEWS 4 October 31-A warning about the dangers of combining certain over the counter pain medications, for sometime medications such as ibuprofen and naproxen can increase a person's risk for gastrointestinal problems. Now a report shows that when you add aspirin to the mix the risk goes up significantly.

NEWS 4 November 1-Amind growing concern about Avian Flu, President Bush outlined the Administration's plan to make sure the nation is ready to respond to an influenza pandemic. The President unveiled the plan at the National Institutes Of Health in Bethesda, it's a three point plan fro dealing with what many say is the inevitable.

NEWS 4 November 2-A shot to help smokers kick the habit shows promise, and insight into sinusitis. An experimental high dose vitamin D pill may one day offer hope to patients with advanced prostate cancer.

NEWS 4 November 3- It wasn't deer but bees causing problems in Baltimore County after dozens of children were stung by bees and an Elementary School had to be evacuated, a police

spokesperson says the kids were in the woods near Deep Creek Elementary School just east of Baltimore when they stumbled upon a bees nest.

NEWS 4 November 3-Most people associate chest pains with heart disease, but shortness of breath even without pain could signal real trouble.

NEWS 4 November 4-Learning CPR just got a whole lot easier, you can now learn the lifesaving technique in a matter of minutes and you don't even have to leave your house.

NEWS 4 November 7-A new prenatal screening test offers expectant parents information about the health of their unborn child earlier than ever. Everyone expecting a baby worries about the health of their unborn child, a new test can help ease their anxiety sooner than before. The test is called the Ultra screen Instant Risk Assessment or IRA.

NEWS 4 November 9-Too many children getting antibiotics when they don't need them, that's according to a report in the Journal of the American Medical Association.

NEWS 4 November 11-A warning about the birth control patch Ortho Evra, the Ortha Evra Contraceptive patch contains the same hormones in birth control pills, however unlike the pill which has to be taken daily women only need to remember to change the patch once a week and that may help reduce pregnancy rates for women who would forget to take the pill.

NEWS 4 November 11-With the temperatures starting to fall it may be time to consider taking a vacation and the benefits could be more than just good weather. A recent study shows women who take at least two vacations a year are less likely to become tense, depressed or tired. Researchers also say these women are generally more satisfied in their marriages.

NEWS 4 November 11-Halloween pumpkins are still sitting on doorsteps and stores are already putting up their Christmas trees, it's a move that may send holiday stress to a new level. The holiday shopping season is now starting earlier than ever and psychiatrists say the Christmas come early approach can add stress by disrupting your normal routine.

NEWS 4 November 14-Findings from a large study funded by the National Institutes of Health found each of the supplements was no more effective than a placebo at reducing pain, a small group of patients in the study with moderate to severe pain appeared to benefit from a combination of two supplements but the lead researcher cautions that group was too small to determine if the benefit was real.

NEWS 4 November 14-The Chesapeake Bay is in need of a major clean-up, the Bay Foundation issued it's annual report card on the health of the Bay and for the fourth year in a row the results are dismal, the Bay received a D grade and a score of 27.

NEWS 4 November 14-It may be dinner time but when folks reach for a snack they're more likely to be munching on a Lay's potato chip, a Doritos, or an Oreo cookie, a new study of snack sales shows Lays rules the potato chip market, Doritos are the king of tortilla chips and Oreos are the top selling cookie. Researchers looked at snack preferences in 9 US cities.

NEWS 4 November 14-Enrollment begins for Medicare prescription drug plans, but seniors will have to do some homework before signing up. In most states at least 40 coverage plans are being offered.

NEWS 4 November 14-There are lots of alternatives and that's part of the problem, in large Metropolitan areas like ours, senior citizens are being offered dozens of prescription plans.

NEWS 4 November 16-China has confirmed its first human cases of the bird flu; the Chinese Government says a poultry worker died from the illness but a 9 year old boy recovered. The country is now racing to vaccinate billions of chickens, ducks and other poultry to stop the spread of the virus.

NEWS 4 November 16-How to make the most of a diet drug and a new vaccine offers hope in the fight against prostate cancer. Doctors are now testing a vaccine that may some day offer hope to patients whose cancer has spread.

NEWS 4 November 17-Researchers say food you eat could alter your genes and we're not talking about the kind you wear. Scientists conducted a number of studies on rats that suggest their diets could determine the diseases they get by changing their genetic makeup.

NEWS 4 November 18-The search for cures for childhood cancers, Doreen Gentzler joins us now with the story of how one boy's battle with the disease could help other children.

NEWS 4 November 18-What kind of food do you turn to for comfort? That depends if you're a man or a woman, women are more likely to eat comfort foods high in fat and sugar like cakes and ice cream to alleviate feelings of loneliness or depression, men on the other hand are most likely to turn to pizza, pasta and steaks.

NEWS 4 November 21-A major healthcare provider id going digital, it's a move that will affect millions of people. The Department of Defense unveiled its new global electronic health record system for members of the military, their families and retirees. The system is called AHLTA and it's designed to improve patient care in a variety of ways.

NEWS 4 November 21-Coffee for kids, it's an idea that might not sell in the United States but in Brazil it's about to take off. Members of the coffee industry have brewed up a plan to serve up to one million school children a free breakfast of milk, coffee and bread.

NEWS 4 November 22-New findings show that even one glass of wine a week can affect a developing baby. Images are the most graphic indication yet of what alcohol can do to an unborn child.

NEWS 4 November 23-Using a robot to do surgery once sounded like something that only happened in science fiction movies, but in reality doctors are finding more and more uses for the high tech assistant.

NEWS 4 November 23-Thanksgiving can be a tough time for people counting calories, between all the snacks and the big Thanksgiving feast doctors say it's easy to gobble up to 45 hundred calories on Thanksgiving Day.

NEWS 4 November 24-The one stop physical, instead of scheduling a variety of medical appointments over weeks and months you can now get a thorough check up and the results in one day.

NEWS 4 November 25-Ovarian Cancer is called the silent killer because often times it's not detected until it's late stage, but a new research effort could change that.

NEWS 4 November 25-Ther are mammograms to screen for breast cancer and pap smears to check for cervical cancer, but there is no reliable test to detect ovarian cancer in its earliest stages. Now researchers at the National Institutes of Health are conducting a study that could lead to one.

NEWS 4 November 28-A major change in the CPR guidelines and making a virtual colonoscopy more accurate. CPR can mean the difference between life and death when someone goes into cardiac arrest, the American Heart Association released updated CPR guidelines and the emphasis is on chest compressions.

NEWS 4 November 28-The list of risk factors for stroke may be growing, in addition to things like diabetes, high blood pressure, age and race a new study finds an enzyme and protein found in the blood may help identify middle-aged people at risk for stroke.

NEWS 4 November 28-A high tech set of eyes may enhance the accuracy of a virtual colonoscopy, that's according to a large study done by the National Institutes of Health, researchers found CAT scans with computer aided detection technology are effective in finding colon polyps.

NEWS 4 November 28-Too much fat in the backside may spell bad news when it comes to getting shots, a new study suggests a majority of people especially women are not getting the proper dosage when they are given injections in the buttocks and researchers say obesity is to blame.

NEWS 4 November 29-More young girls are experiencing puberty long before their peers, some as early as 5 years old. Doctors call it precocious puberty, body changes are beginning for many girls now at age 9 or 10.

NEWS 4 November 29-A new email making the rounds warns that women who get their eyebrows professionally waxed could get herpes. But you can relax, a popular website that identifies urban legends says there's no truth to that rumor.

NEWS 4 November 30-Doctors have performed a partial face transplant, doctors at a hospital in France grafted a nose, lips and chin onto a 38-year-old woman over the weekend. The patient was severely injured by a dog bite last May, but is said to be in excellent condition following the operation.

NEWS 4 December 2-It's been a cruel fact since Hurricane Katrina ravaged the Gulf Coast, three months after the storm and thousands of children are still in need of medical assistance, the Children's Health Fund id trying to help.

- NEWS 4 December 5-Cold and flu season is here and some over the counter medications have gotten a make over. There is no cure for the common cold or the flu, but there are a slew of over the counter products designed to minimize the misery that goes along with them.
- NEWS 4 December 5-It may become the newest way to lose weight, the no diet diet, Brigham Young University Professor Steven Hawks came up with the idea. Under Hawk's diet plan you can eat whatever you want, junk food, fatty food, you name it but there's a catch, you can only eat when you're hungry and must stop eating when you are full.
- NEWS 4 December 6-There are some disturbing new findings in the fight against colon cancer, 15 years ago the National Institutes of Health published guidelines that recommended chemotherapy after surgery for patients with advanced stages of colon cancer.
- NEWS 4 December 7-an update on the local supply of the flu vaccine, if you've had trouble finding a shot in the last month or so you may have better luck now.
- NEWS 4 December 9-Kelloggs is making a health conscious New Years resolution, the company will start using a new kind of oil in some products early next year to reduce or eliminate trans fatty acids.
- NEWS 4 December 12-The Red Cross is asking for the gift of life this holiday season, blood donations typically decline this time of year and combined with last week's snowstorms, local Red Cross Chapters say their supply of R-H negative blood types has dropped to low levels.
- NEWS 4 December 13-The Food and Drug Administration is warning 9 companies to stop selling so called flu remedies because they have not been approved by the agency, the FDA says many of the products are marketed as dietary supplements which claim to prevent the Avian flu or kill the virus.
- NEWS 4 December 13-The government is set to begin a 100 million dollar project to unravel the genetic make up of cancer, doctors at the National Institutes of Health announced the Human Genome Project. They plan to map out all of the genes involved in cancer.
- NEWS 4 December 14-Simple steps to a better memory and a clear picture of just how dangerous the flu can be for children.
- NEWS 4 December 14-Children are considered especially vulnerable when it comes to the flu, now a new report in the New England Journal of Medicine provides some of the first hard numbers about the risk.
- NEWS 4 December 14-New research suggests it may be safe for them to take birth control pills, oral contraceptives are rarely prescribed to women with the immune disorder because of concerns the estrogen in the pills could make it worse.
- NEWS 4 December 14-It seems you may be able to boost your brain in no time at all by following four simple steps, they include daily memory training, such as doing crosswords and brain teasers, eating five small healthy meals a day that include fish, nuts, whole grains, fruits and vegetables, taking brisk daily walks and reducing stress by doing stretching and relaxation exercises.

- NEWS 4 December 14-If you decide to have a glass of brandy to help soothe those frayed nerves during the holidays you may be getting an unexpected benefit, doctors in Australia found brandy is rich in antioxidants and they say the better the quality of brandy the greater the health benefit.
- NEWS 4 December 16-Women who struggle to conceive are more likely to have a boy when they eventually do get pregnant, a new study found couples that tried to get pregnant naturally for more than a year had a 57 percent chance of having a boy.
- NEWS 4 December 16-Technology is a big part of medicine, whether it's surgery, monitoring patients, or helping in figuring out what's wrong.
- NEWS 4 December 16-A lot of aches and pains in the shoulders, neck and jaw can be traced to the teeth and joint problems, some new technology is helping specialists in neuromuscular dentistry find out what's going on.
- NEWS 4 December 16-Just weeks after the first partial face transplant a British doctor says he's ready to perform the first full one, Dr. Peter Butler received the green light to go ahead with the plan.
- NEWS 4 December 16-The patient is getting a visit from another transplant survivor, Denis Chatelier had the world's first double hand-transplant six years ago.
- NEWS 4 December 19-It may be the toughest time of year to lose weight with the holidays approaching fast, the temptations are great to eat more than usual, holiday parties and festive meals can all contribute to the weight gain.
- NEWS 4 December 19-Some distressing news about breast implants and mastectomies, researchers in Denmark say women who have had breast implants after a mastectomy sometimes experience complications that require more surgery.
- NEWS 4 December 20-New food labels are coming out next year which should help people allergic to certain products avoid getting sick.
- NEWS 4 December 20-Getting in shape and staying heart healthy the process begins at a young age but new research shows one in three teens are not physically fit and already showing signs that they could develop heart disease.
- NEWS 4 December 20-Diet and exercise aren't the only ways to keep your heart healthy, new research indicates exposure to air pollution can increase your risk of heart disease.
- NEWS 4 December 21-The munchies, that craving to eat after consuming marijuana has been the subject of many comedy routine, but now the phenomenon is getting some scientific attention.
- NEWS 4 December 23-A new therapy for patients with Parkinson's Disease is making news for your health, researchers in California and Chicago are injecting the brains of 12 patients with a harmless virus.

NEWS 4 December 23-We've all heard how foods containing oats can reduce heart disease, it says so on the package. The Food and Drug Administration announced it will allow foods with barley to put the same claims on packaging.

NEWS 4 December 23-We have a few healthy eating tips for you this year before all that holiday feasting, nutritionist recommend starting with a big leafy green salad filled with lots of colorful veggies.

NEWS 4 December 26-While the holidays bring a lot of joy to people but when they're finally over some people feel sad. Lonely or depressed. The holiday blues can kick in but there are ways to fight them off.

NEWS 4 December 26-It is the latest effort to keep high school athletes away from steroids, over the past year we've heard a lot about steroid abuse by professional athletes.

NEWS 4 December 27-The biggest change in the Medicare system since it began in 1965 will go into effect on January 1st. A new plan known as Medicare Plan D opens to everyone who is eligible for Medicare.

NEWS 4 December 27-A new research suggests it's important to get fiber from different sources such as grains and fruit because they can have different effects on your body.

NEWS 4 December 27-As 2005 draws to a close it's time to look back at some of the major stories in medicine this year.

NEWS 4 December 29-A Peruvian man being treated in a Baltimore Hospital has two new thumbs made up of his toe and index finger.

NEWS 4 December 30-As many of you know flu season is well under way but it's getting worse, after a slow start doctors say the number of flu cases has skyrocketed over the past week

Politics

NEWS 4 October 3-President Bush has nominated White House Counsel Harriet Miers to sit on the Supreme Court, this is the President's second pick for the court.

NEWS 4 October 3-In the confirmation process, Miers will be questioned under oath and her record will be reviewed, many present a challenge for both supporters and opponents.

NEWS 4 October 3-Fire fighting equipment takes up a lot of room and needs space to turn, sometimes the smaller streets of planned community and tight corners make the going a little rough for those responding to fires.

NEWS 4 October 3-It could be a potential boost for George Washington University ever since George Washington University Hospital re-located the school has had a parcel of empty land on its hands and has been trying to decide what to do with it.

NEWS 4 October 3-In Virginia the election is five weeks away and democrats are hopeful they can pick up a few seats in the Virginia House and in Fairfax County they are getting help from an unlikely source, a veteran republican.

NEWS 4 October 3-With gang activity still a major problem in Fairfax County, community and elected leaders are trying to find ways to help young people stay out of trouble. They are getting a hand from the boys and girls clubs of greater Washington.

NEWS 4 October 4-Former DC Mayor Marion Barry is going back to court, Barry is expected to plead guilty this week to charges that he has failed to file income tax returns for seven years.

NEWS 4 October 4-President Bush is standing by his nominee for the Supreme Court despite criticism from both Republicans and Democrats, the President says he's picked the best person he could find, Mr. Bush nominated his White House Counsel Harriet Miers to take the place of Justice Sandra Day O'Connor who's retiring.

NEWS 4 October 5-The high courts heard arguments about a controversial issue, whether Oregon's physician assisted suicide law should remain on the books. This was the first major oral argument for the new chief justice John Roberts.

NEWS 4 October 11-The DC Council is trying again on a proposed smoking ban for city restaurants and bars. At-large council member Carol Schwartz introduced a new compromise.

NEWS 4 October 12-In less than a month voters in Virginia will be heading to the polls to choose a new governor, and independent candidate Russ Potts says he's in the race to stay.

NEWS 4 October 13-Two spots from Republican Jerry Kilgore's campaign have caused a big stir across the state. The new ads were rolled out Tuesday and two days later are still the source of controversy, they have also suddenly shifted the focus of the race, at least for now to a single issue: the death penalty.

NEWS 4 October 13-DC Council member Jack Evans says he welcomes an ethics review of his disputed political action committee, Evans is speaking out for the first time on controversy says he believes he has done nothing wrong, but he said he will follow any potential recommendations of the ethics review.

NEWS 4 October 14-There could be some changes to the District's tough drunk driving law, it comes after public reaction to the news of people being arrested even though their blood alcohol count was well below legal intoxication levels.

NEWS 4 October 17-A new federal law went into effect, which will make it harder for people to file for bankruptcy, Congress passed the new law this year to try to prevent abuse of the bankruptcy system. The new law makes it tougher for people to set aside credit card and other debt by filing under Chapter 7, the most popular type of personal bankruptcy.

NEWS 4 October 17-Just three weeks remain until voters go to the polls in Virginia and so the candidates for Governor are turning to some heavy-hitters for campaign help.

NEWS 4 October 18-The serious convictions against Republican Paul Milde occurred when he was 19, nearly 20 years ago he says he's been to rehabilitation for drug abuse and the campaign shouldn't be about his past.

NEWS 4 October 18-A battle over land and a drug conviction are headlining what would usually be a mundane race in Stafford County Virginia, four supervisors are up for re-election in the county.

NEWS 4 October 18-After outrage and anger the DC Council passed emergency legislation clarifying the city's drunken driving laws. The bill passed on a 9 to 3 vote, under the bill police still have the discretion to arrest people with blood alcohol levels of point zero five to point zero eight if an officer thinks they're impaired.

NEWS 4 October 19-Maryland Lieutenant Governor Michael Steele says he'll let people know his decision next Tuesday, Steele is considering a run for the seat being vacated by retiring Democratic Senator Paul Sarbanes.

NEWS 4 October 19-There's an open seat for Virginian's House of Delegates in Fairfax County. A political newcomer and a successful former Mayor are pursuing district 37.

NEWS 4 October 19-The much anticipated trial of Saddam Hussein got under way in Baghdad. The trial broadcast on Iraq TV and to Arab stations across the Middle East, Saddam and seven co-defendants face charges of murdering nearly 150 Shiites.

NEWS 4 October 19-From massacres to mass grave it was hard to live in Iraq and not fear Saddam Hussein.

NEWS 4 October 20-A controversial plan by some Herndon residents upset about the day laborers in their area is taking a step forward, the group will meet to discuss their plans for a day laborer patrol much like the citizens patrols along the Mexican Border. Organizers say the plan is to get evidence of the laborer breaking any immigration, tax, and employment laws.

NEWS 4 October 20-A six-million dollar land deal in Vienna is being put on hold, metro had offered to sell land around the Vienna Station to the Pulte Corporation, but the Fairfax Board of Supervisors voted to table the deal in order to hold a public meeting next week.

NEWS 4 October 20-An artist in Colorado is molding a very unique tribute to Bob and other servicemen like him, Annette Roberts-Gray is sculpting a porcelain vase for each US military person killed in Iraq.

NEWS 4 October 24-The Emergency Legislation is an effort to do away with any perception the District has a zero tolerance policy toward drinking and driving and a round table hearing was a chance to sound out potential problems with the legislation.

NEWS 4 October 24-Have a glass of wine with dinner and be arrested for drunk driving in the District, that's the picture painted by recent reports. The City Council has passed emergency legislation to address those reports and it's holding hearings to be sure it gets it right.

NEWS 4 October 24-The District is taking another step forward in its plan to build a new baseball stadium, in a few days the city will begin eminent domain proceedings to make way for the Washington Nationals new home.

NEWS 4 October 25-Lt. Governor Michael Steele made it official, he's running for the US Senate. He's the only Republican candidate so far in the race to replace retiring Democratic Senator Paul Sarbanes.

NEWS 4 October 25-Rosa Parks died at the age of 92, she was remembered as a civil rights pioneer who left a legacy of quiet and peaceful rebellion against hatred.

NEWS 4 October 26-The White House is anxiously awaiting word from a Grand Jury investigating how and why a CIA officer's name was leaked to reporters, the President's top political advisor Karl Rove and the Vice President's Chief of Staff Lewis Libby are at the center of the investigation.

NEWS 4 October 26-The DC Government is moving ahead with plans to build a new baseball stadium in southeast, the city has filed papers in court to use eminent domain to seize 84 million dollars worth of property where a new stadium will be built.

NEWS 4 October 27-The World Series is over and Major League Baseball could settle on an owner for The Washington Nationals in the next few weeks. One of the men bidding on the team is Franklin Haney, he's says he's willing to pay the cost over-runs for a new baseball stadium.

NEWS 4 October 27-When we heard there was breaking news, no doubt many people thought it was about indictments coming down in the CIA leak investigation, two top White House aides could be in jeopardy.

NEWS 4 October 27-Harriet Miers announced she was withdrawing her nomination in a letter to President Bush, she said she was concerned the Senate confirmation process presented a burden for the White House, that's because Senators had demanded to see internal documents from her work as counsel to the president.

NEWS 4 October 27-Some say Harriet Miers nomination had been heading down a slippery slope, she had a few miscues and uttered some questionable statements after she was picked.

NEWS 4 October 28-This is not the first time a top White House Official has been indicated, earlier this month a top procurement official for President Bush resigned, David Safavian was indicted three days after his resignation on charges related to a corruption probe involving a lobbyist.

NEWS 4 October 28-DC Councilman Marion Barry has pleaded guilty to failing to file his income tax returns from the year 2000, the former Mayor admitted to two misdemeanors counts. He'll be sentenced January 18th.

NEWS 4 October 28-The Senate is taking a closer look at the ousting of former American University President. The Senate Finance Committee has asked to see every document related to Ladner's severance package as well as the Board of Director's plans for an audit of Ladner's tenure at the University.

NEWS 4 October 28-The juvenile justice system in the District is facing a flood of criticism, among the charges substandard conditions at Oak Hill Detention facility are losing track of dangerous young offenders.

NEWS 4 October 28-With Carl Rove remaining in legal limbo, a cloud still hangs over the White House, Rove is staying put and will continue to advise the President. He remains the Chief Architect of the Bush Administration and his advise is considered critical as the President deals with the Iraq War and the Supreme Court vacancy. Rove has testified four times before the grand jury.

NEWS 4 October 31-Each of the candidates in Virginia's Governors race are making a final push before voters head to the polls, Jerry Kilgore made an appearance to discuss an issue important to local residents.

NEWS 4 October 31-Council Member Vincent Orange is trying to play hardball with Council Chair Linda Cropp. Orange filed a lawsuit against Cropp in DC Superior Court, the suit alleges Cropp overstepped her authority when she called off a meeting Orange wanted to hold on ownership of a new baseball stadium. Orange chairs the Council's Government Committee and says he had the right to hold the meeting.

NEWS 4 October 31-Samuel Alito's nomination is stirring debate, especially among some Democrats who may be willing to fight to block his confirmation, Alito must secure 51 Senate votes to be confirmed. But Democrats may block the proceedings with a filibuster.

NEWS 4 October 31-Samuel Alito has been a judge for a long time, but he is not a household name, he was born in Trenton New Jersey, he's married and has two children, his father was a high school teacher who inspired him to go into public service. Alito received his undergraduate degree from Princeton University and he graduated from Yale Law School. Former President Bush nominated Alito to the Federal Appeals Court in 1990.

NEWS 4 October 31-Samuel Alito has been a Federal Prosecutor, he has argued a dozen cases before the US Supreme Court, as a judge he served for the past 15 years on the Court of Appeals in Philadelphia. He has defended religious liberty and taken a restrictive view of discrimination and harassment cases.

NEWS 4 October 31-President Bush nominated 55-year-old Samuel Alito to replace retiring justice Sandra Day O'Connor on the bench.

NEWS 4 October 31-alito could be in for a long fight to get confirmed and some Democratic Leaders have already expressed concern about him and abortion groups on both side are mobilized.

NEWS 4 November 1-Prince Charles and his wife Camilla kicked off a week long US tour in New York with a tribute to the 911 victims.

NEWS 4 November 1-In Virginia, Latino leaders are speaking out about what they say are increasingly negative portrayals of immigrants, at the same time Republican Lawmakers proposed new ways to crack down on illegal immigration.

NEWS 4 November 1-There's drama on Capitol Hill, Democrats have forced the Republican controlled Senate into a highly unusual closed session, they're demanding answers about intelligence that led to the war in Iraq. Senate Minority Leader Harry Reid says the nation deserves to know the details, especially following last week's indictment of Vice President Cheney's Chief of Staff Lewis Scooter Libby.

NEWS 4 November 2-Smoking and drinking were popular subjects in the District government, the Mayor said he'll reluctantly sign a new drunk driving law and the Council is poised to pass a modified ban on public smoking.

NEWS 4 November 2-Democrat Tim Kaine picked up a big endorsement from former Governor and Richmond Mayor Doug Wilder, Wilder interviewed all three candidates about 8 weeks ago and took his time making what he calls a difficult decision.

NEWS 4 November 3-There's reportedly a debate in the White House about the future of the President's top political advisor Karl Rove, the other big story on Capitol Hill this week is the Supreme Court nominee Samuel Alito.

NEWS 4 November 3-Controversy is swirling around the Maryland Senatorial race though the election is more than a year away, the issue is race and the question being raised is whether Republican Candidate Lieutenant Governor Michael Steele is a victim or a benefactor?

NEWS 4 November 3-Prince Charles and his wife Camilla, the Duchess of Cornwall are spending a second day in the Washington area, the Prince received the Vincent Scully Prize at the National Building Museum. The award honors his devotion to architecture urban planning and the environment. Prince Charles and his new wife later took a tour of the museum.

NEWS 4 November 3-When Virginians head to the pools next Tuesday they're not just choosing a new Governor, a number of other seats are on the ballot, including that of Attorney General.

NEWS 4 November 4-Folks who work in the District but live in Maryland or Virginia won't be paying a commuter tax anytime soon, a federal appeals court has ruled that Congress has the right to keep the DC Government from imposing such a tax.

NEWS 4 November 4-When the District reached out to Hurricane Katrina evacuees it also sent out a call for help to shelter and feed them when they arrived, DC Central Kitchen answered the call by providing 27,00 meals. It cost them tens of thousands of dollars, money they desperately need to be repaid so they can continue to operate.

NEWS 4 November 4-In Argentina more than one thousand protestors are getting out of control as the Summit of the Americans opened in Mar Del Plata, Argentina, protestors can be seen running down the streets setting fires and shouting slogans against President Bush.

NEWS 4 November 4-The President sidestepped questions about whether he owes the American people an apology for the role of Administration Officials in the CIA leak case, questions about the case dominated a news conference at the Summit of Americas in Argentina. Mr. Bush refused to comment about any plans to replace his top adviser Karl Rove who is caught up in the on-going investigation.

NEWS 4 November 4-Former President Jimmy Carter hurled some harsh criticism at the White House while at a book signing event in North Carolina, Carter says the Country is facing a moral crisis and blames the Bush Administration for the way it's handled the war in Iraq, American treatment of POW's and yet another White House scandal.

NEWS 4 November 4-Election Day is quickly approaching in Virginia, and besides choosing a Governor all one hundred House of Delegates seats are also on the ballot.

NEWS 4 November 8-Voters in Virginia head to the polls, it's been a virtual dead heat in the Governor's race fro the past few weeks and that theme continues.

NEWS 4 November 8-It was a unanimous vote to ban smoking in all public places including bars and restaurants, the Council voted after hearing some heated testimony from residents and business owners on both sides of the debate.

NEWS 4 November 9-Governor elect Tim Kaine started in on his new job right away, appointing a transition team and making plans for a series of transportation meetings around the state. Democrat Kaine began to deliver on one of his campaign promises, to turn to commuters for ideas about how to tackle the state's transportation challenges.

NEWS 4 November 9-A candidate can ask for a recount if the difference between the winner and the loser is less than one percent, the apparent loser must file a petition within ten days from the certification of the election.

NEWS 4 November 9-DC officials are trying to come up with new uses fro land now occupied by the Walter Reed Army Medical Center, Mayor Anthony Williams said officials will work with the community to come up with a plan by the end of next year.

NEWS 4 November 9-Democrats picked up two important wins in Virginia and New Jersey two states where the race for Governor was seen as a big test for President Bush.

NEWS 4 November 9-Top executives from five major oil companies are on Capitol Hill defending their record profits, while gas prices have soared this year, so have the companies earnings.

NEWS 4 November 9-From massacres to mass grave it was hard to live in Iraq and not fear Saddam Hussein.

NEWS 4 November 14-Former President Clinton and his family toured the bombsites and offered condolences to the victim's families, 57 people died in the attacks on three hotels last Wednesday in Jordan's Capital. Police were tipped off on the Internet to four bombers but DNA samples from the scene only identified three.

NEWS 4 November 14-The first black man to serve as chief judge of the District court for DC has died. Board of Supervisors voted to table the deal in order to hold a public meeting next week.

NEWS 4 November 14-The death Penalty trial of Zacarias Moussaoui is being pushed back a month, it's scheduled to begin February 6th instead of January 9th.

NEWS 4 November 14-The courts have said no, but leaders still want a commuter tax. Councilman Adrian Fenty plans to introduce legislation that will call for a referendum on the issue.

NEWS 4 November 14-Legendary Soul Singer Marvin Gaye asked "What's Going On", the answer is after five years of work by residents and volunteers the DC Council is considering legislation to name a park in Gaye's honor.

NEWS 4 November 16-Cracking down on the use of methamphetamines, some Senators are pushing for legislation that would restrict the sale of certain cold and allergy medicines that are used to make the illegal drug.

NEWS 4 November 22-The so called Living Wage Bill in the District has cleared a major hurdle; the Councils Government Operations Committee approved the Legislation that would boost pay for some employees.

NEWS 4 November 29-Virginia Mark Warner has granted clemency to a convicted killer who would have become the 1,000th person executed in the United States since the death penalty was reinstated in 1976.

NEWS 4 November 29-It was supposed to be a problem of the past, but DC contracting methods are once again under scrutiny. Virginia Representative Tom Davis and other Congressional Leaders want to investigate the city's spending patterns, Davis' call for an investigation comes after The Washington Post published stories that allege city officials have routinely violated District spending laws.

NEWS 4 November 29-You may soon see some changes at Rock Creek Park, after years of public input park officials have announced their new general management plan. The plan calls for an upgrade of the park's planetarium, the nature center and several hiking trails.

NEWS 4 November 30-President Bush vowed to never break down in the war against terror, the President spoke to a supportive audience at the US Naval Academy in Annapolis and outlined his strategy for victory in Iraq.

NEWS 4 November 30-The Supreme Court is hearing its first abortion case under new Chief Justice John Roberts, protesters held a silent demonstration outside the Supreme Court Building, the issue is a New Hampshire law requiring an underage child to notify her parents before having an abortion.

NEWS 4 November 30-The District has a new Director for its Office of Lesbian, Gay Bisexual and Transgender Affairs. Mayor Tony Williams announced Darlene Nipper will take over the position.

NEWS 4 December 2-On Capitol Hill, Pentagon Officials faced questions about reports that accuse the US Government of planting news in the Iraqi Press, the Senate Armed Services

Committee is investigating the reports that first appeared in the Los Angeles Times on Wednesday.

NEWS 4 December 2-Some promising news for the economy, unemployment figures for November were released, the jobless rate held steady at five percent. Businesses added more than 200 thousand jobs last month.

NEWS 4 December 5-News 4 has learned that the Baseball Stadium deal in the District may be dead because of new costs estimates. Sources say the cost of the Stadium now has skyrocket to more than 700 million dollars.

NEWS 4 December 5-The District could be the nest jurisdiction in our area to go smoke free, the DC Council will take up legislation that would almost immediately ban smoking in all public places and restaurants in the city.

NEWS 4 December 6-New developments on the proposed baseball stadium, the council has rejected emergency legislation that would have capped spending at 535 million dollars.

NEWS 4 December 6-The DC Council has spoken it has overwhelming passed a bill to ban smoking in public restaurants, the vote was 12 to 1.

NEWS 4 December 6-Business owners and local residents have been watching the Council's proceedings very carefully, the expanded smoking ban will no doubt have an effect on restaurant owners as well as anyone who walks into a DC hangout.

NEWS 4 December 8-We want to extend congratulations to our colleague Barbara Harrison, she was honored by the Greater Washington Board of Trade.

NEWS 4 December 9-Major League Baseball and District Officials have reached agreement on a lease for a new stadium, now it must be ratified by the City Council, the deal will keep The Washington Nationals in DC for 30 years.

NEWS 4 December 12-Plans are moving forward to develop the area around the proposed Washington Nationals Stadium, DC Mayor Anthony Williams met with developers to talk about projects around the Anacostia River Waterfront.

NEWS 4 December 12-Baltimore Mayor Martin O'Malley wants to be Maryland's next Governor and O'Malley introduced his running mate, he is Prince George's County delegate Anthony Brown.

NEWS 4 December 12-The conflict between Day Laborers and the Herndon Minutemen is escalating, the community group has reported 16 employers to the government alleging they are violating the law by hiring undocumented workers.

NEWS 4 December 13-Security is being stepped up in Iraq, two days before the country's parliamentary election, in Baghdad, soldiers have been deployed in the streets and check points have been set up.

- NEWS 4 December 13-The stadium showdown in DC reached new heights, city officials have reached a lease agreement with Major League Baseball but the proposal still has to make it through the DC Council.
- NEWS 4 December 13-A Montgomery County Council member is working to preserve Uncle Tom's Cabin, the property made famous in Harriet Beecher Stowe's classic novel, Nancy Floreen has introduced a resolution to develop a plan to purchase and maintain the historic property.
- NEWS 4 December 19-After addressing the country, President Bush was back before the cameras meeting with reporters in a wide ranging news conference that centered mostly on the war in Iraq and a presidential order that has allowed spying of suspected terrorist.
- NEWS 4 December 19-It's a make or break vote for baseball in the District of Columbia, Council is expected to vote on a stadium lease agreement and both sides of this hot topic have been rallying the troops.
- NEWS 4 December 20-The DC Council put off voting on a 30 year lease deal with Major League Baseball until after the New Year, and that action throws into question the future of both the Stadium and the Washington Nationals.
- NEWS 4 December 20-The DC Council was talking about a lot of things, but not that 30-year lease with Major League Baseball that faces a December 31st deadline.
- NEWS 4 December 20-The recount is on in Virginia to determine the state's next Attorney General, after the November election, Republican Delegate Bob McDonnell was certified the winner.
- NEWS 4 December 20-Montgomery County officials are trying to get tough on developers, new legislation was introduced to stiffen penalties against builders who don't follow County-zoning regulations.
- NEWS 4 December 21-New York City Mayor Michael Bloomberg isn't mincing any words about the transit strike that's inconveniencing millions of people, he called the strike illegal, selfish, and unconscionable, especially during this time of year.
- NEWS 4 December 22-Transit workers are headed back to work even though they have not worked out a deal with the city. Facing mounting fines, possible jail terms and the wrath of millions of commuters, the union voted to end the strike.
- NEWS 4 December 23-A secret government program monitoring some homes and businesses in the DC area has members of the Islamic Community outraged, Federal officials say they're searching for a potential nuclear bomb.
- NEWS 4 December 23-European arrest warrants are now out for 22CIA operatives, the agents are accused of kidnapping a terror suspect known as Abu Omar from Italy almost three year ago then flying him to Egypt and torturing him.

NEWS 4 December 23-The US Military is reducing the number of combats troops in Iraq, the Pentagon says it's taking two combat brigades out of the country, that's about 7 thousand soldiers.

NEWS 4 December 26-Owning an exotic animal is surprisingly popular in Maryland and that has some State Legislators worried, when the General Assembly reconvenes next month members are expected to consider a law to ban people from owning certain exotic animals.

NEWS 4 December 27-An Annapolis landmark could soon be converted into a popular coffee house, the idea is not sitting well with some residents who object to putting a Starbucks in the King of France Tavern room.

NEWS 4 December 28-It's going to be a little longer before we find out whether the District is going to build a new baseball stadium, city administrator Bob Bobb said that the Mayor will not seek a DC Council vote on the issue next week.

NEWS 4 December 28-The Mayor still doesn't have the votes, he needs seven but he only got 5 or 6.

NEWS 4 December 29-A strip club in Prince George's County that was the scene of a triple murder has received permission to move to a new location, next to a church.

NEWS 4 December 29-Some major political appointments and jury summonses for hundreds of Northern Virginia residents to decide the fate of a terrorist.

NEWS 4 December 30-District Mayor Anthony Williams is putting his money where his mouth is, he believes the Redskins are going to defeat the Eagles in Sunday's game.

NEWS 4 December 30-A 16 year old from Florida who traveled to Iraq without telling his parents is on a flight back to the US, Farris Hassan had been under the care of the US Embassy after being on his own in Iraq for several days.

NEWS 4 December 30-A new Virginia law will prevent undocumented immigrants from receiving state funded benefits, it's the latest effort by the Virginia legislature to crack down on the state's growing illegal immigrant population.

Consumer

NEWS 4 October 3-Did you ever wonder about a charge on your credit card bill, what is it for and why is it there, that's what cramming is all about and fraud experts tell us once crammers get your number you may be in trouble.

NEWS 4 October 4-Engery prices keep going up, but it may not be too late to do something about it, especially if you use natural gas to heat your home. It may not be too late to lock in the price you pay for natural gas. Washington Gas is the utility that handles the pipelines and distribution and can sell natural gas directly and area consumers also have a number of other suppliers to choose from.

NEWS 4 October 4-Americans love affair with SUV's and trucks is starting to wane because of the high price of gas prices. The price per gallon has gone up by double digits in the Washington DC area since the weekend, the average price in the District is 3.14 a gallon, in Maryland it's 3.05 a gallon and in Virginia it's 3.01 a gallon.

NEWS 4 October 4-A warning for seniors, scammers are ready to take advantage of the new federal drug benefit program, also reports on saving money by changing one light bulb in your house. Halloween is getting closer, do you know what it costs to celebrate the occasion and if you rent your car at the airport hold on to your wallet when it comes to gas fill ups.

NEWS 4 October 4-Federal Safety regulators are taking a closer look at several cars built by Ford and General Motors, the National Highway Traffic Safety Administration has received complaints about broken coil springs on 2000 to 2001 models of the Ford Taurus Mercury Sable, the coil springs can punch a hole in the rear tires of some models. As for GM the government is looking into turn signal malfunctions on Chevrolet Malibu's, Oldsmobile Aleros and Pontiac Grand Ams form 2002 model year.

NEWS 4 October 5-It's only natural to want your home to look it's best, but many people don't want to spend a fortune or a ton of time to revamp their problem areas.

NEWS 4 October 5-Saving energy the environment and lowering your bills can be as easy as changing a light bulb, that's the motto of a campaign that kicked off. The Department of Energy is teaming up with the environmental protection agency for change a light, change the world today.

NEWS 4 October 6-Not a day when you think the solar power but there's a big time display down at the National Mall, it looks like bright prospects for solar energy despite a cloudy day on the Mall. The Solar Decathlon is competition among Universities generating electricity and ideas.

NEWS 4 October 6-What you're about to see may be no less than a culinary revolution, a cooking method that's getting The Gourmet Seal from top chefs, it's called sous vide that's French for under vacuum and it's changing the way chefs prepare fine food.

NEWS 4 October 7-If you love to keep your music with you, some of the new MP3 phones may be for you. A few weeks ago Cingular released it's ROKR phone that lets you see iTunes and keep 100 songs on it, now Verizon has released three different style phones that have one thing in common, mp3 and another company has technology that may let your fingers choose which kinds of songs to listen to.

NEWS 4 October 7-Are Global Electric Motorcars Street legal in our area? A question about hurricane names and what do car advertisers mean when they say residency restrictions apply?

NEWS 4 October 11-Affordable housing is a big problem in our area, one Montgomery County councilmember is trying a slightly different approach. Workforce Housing Initiative a program aimed at people who provide public services in Montgomery County, but have trouble living there.

NEWS 4 October 11-If you use natural gas to heat your home, prepare for a hefty bill this winter. The American Gas Association says you can expect your heating costs to increase by as much as 50 percent.

NEWS 4 October 11-A new idea to help unclog parts of I-95. A credit card that wants to help your savings account. A government website that can help determine if your next flight will be late, and if you haven't already booked your holiday skiing destination you may have to put the skis away this year. Traffic on I-95 specifically the 24-mile section between the Maryland and Pennsylvania borders, USA Today reports on a new experiment aimed at getting truckers to use the road when most cars do not. Now on to credit cards and savings accounts, an American Express survey shows that 43 percent of American households earring above 50 thousand dollars a year are worried about their savings. The Consumer Product Safety Commission is recalling about 48 thousand Wal-Mart Holiday Time Candle Gift Sets, the problem is the decorative covering on the candles can ignite posing a fire and burn hazard.

NEWS 4 October 12-People who want to keep their homes warm this winter may need to have money to burn, the energy department says winter heating bills will be higher for most families across the country with the sharpest increase expected for those who heat with natural gas.

NEWS 4 October 12-If you have lousy cell phone service at your home or business there's a device that can change that, you can raise the bars yourself. You can start with something as simple as an antenna that you can stick to a car window or window in your house.

NEWS 4 October 12-Apple computers is breaking new ground again, the company unveiled its newest ipod, which is capable of playing not only music but video as well.

NEWS 4 October 13-Many of us have been doing comparison shopping at shopping malls for years and more recently checking online prices, but digital edge has a look at how comparison shopping may go to a new level.

NEWS 4 October 13-Some credit card companies are introducing new cards for consumers who are fed up with late fees, companies like American Express and Citibank are eliminating the 39-dollar fees for late payments. Are the stains on your teeth beyond belief? If your teeth are less than white you can remedy the situation in only 21 minutes, at least that's what the Ionic White Teeth Whitening System promises, but does it really do that?

NEWS 4 October 13-With gas prices topping three-dollars a gallon you may be considering one of those fuel-efficient cars. The government along with several car makers have released a list of the 2006 model vehicles that live up to that claim. Topping the list are two hybrid cars, the Honda's Insight and Toyota's Prius.

NEWS 4 October 14-How can you protect your clothes from moths without using mothballs. What's the shelf life of tea and a question about sunglasses?

NEWS 4 October 17-Consumer reporter Liz Crenshaw has prepared another Liz Quiz to help you find out how you measure up consumer wise. We do many stories about consumer rights and consumer scams, so has everyone been listening? If so you should sail through this quiz prepared by the Maryland Attorney General's Office.

NEWS 4 October 17-What do you think is a fair price for gas these days? The Associated Press posed that question to about one thousand randomly selected adults, 46 percent of those polled said less than two dollars a gallon is fair, 41 percent said between two and three dollars a gallon is fair.

NEWS 4 October 17-The most dramatic drop has been in northern Virginia, in some places you can find gas selling for nearly 30 cents lower than the national average.

NEWS 4 October 18-General Motors jumps on the latest trend to get you to buy a car. Do you think 3 dollars is too high for gas, Liz tells you what others are paying for fuel around the world. Sears installs a restocking fee and some hotels turn to smell to get your business. Metro wants to help you calculate the cost of commuting to see if it can save you money. The Consumer Product Safety Commission is recalling 176 thousand Jumbo Pencils with sharpeners sold at Target, the problem is the sharpener's razor blade is exposed when the cover is removed posing a laceration hazard.

NEWS 4 October 19-The housing market which has been booming for several years now may be showing signs of slowing down, the area's biggest home builder NVR says orders for new homes in the Washington region were down nearly 19 percent in the third quarter from a year ago.

NEWS 4 October 19-With a record 340-million dollar jackpot up for grabs, powerball fever is sweeping the area, people are waiting in long lines.

NEWS 4 October 20-The Tivo gave us time shifting, watch stuff when you want to watch it. Sling box permits place shifting controlling and watching your TV of DVD player from almost anywhere.

NEWS 4 October 20-It's hard enough to pick out which type of soap to use but now a Government Panel is taking a closer look at products that claim to kill germs, the Food and Drug Administration held a hearing to find out whether anti-bacterial products like soaps and hand sanitizers are actually better than regular soap.

NEWS 4 October 24-How do you give medicine to your pet? Put a pill in its food bowel and hope your pet eats it or try to force feed a pill down its throat.

NEWS 4 October 25-No more late fees, Liz Crenshaw reports on the demise of a video rental program in some stores. Liz also reports on a multi-billion dollar savings consumers did not get on generic drugs, it's back to discounts for car makers trying to sell some new cars and a report nobody wants to hear, you can probably say good-bye to cheap gas.

NEWS 4 October 26-With temperatures beginning to drop, repair crews will be dealing with more water main breaks, repair crews were called in to fix an eight inch pipe that broke at Dorset Avenue and Little Falls Parkway.

NEWS 4 October 27-With ghost and goblins headed to your door this weekend its time to think about how to keep the spooky holiday safe. For children and adults alike, Halloween is a time of

year to become someone or something else for a night; while dressing up is fun it can be a fire hazard.

NEWS 4 October 28-a new incentive for hybrid car owners, folks who own the environmentally friendly cars can save some money if they park their cars in Baltimore, starting Monday some car owners will get a big discount if they park their cars at 15 garages in the city. Baltimore becomes one of the first cities in the country to offer this type of benefit.

NEWS 4 October 28-The Federal Trade Communications Commission is scheduled to meet to discuss the proposed mergers of two of the country's local phone companies and two of the largest long distance carriers, the merger of SBS Communications and AT&T and Verizon merger with MCI cleared a major hurdle when the Justice Department approved the deals.

NEWS 4 October 28-Has Daylight Saving Time changed to sometime in November? Is it okay to use rechargeable batteries in smoke detectors? And a question about deer whistles.

NEWS 4 November 1-Where will consumers spend their dollars this holiday season? Tiz the season to ship early also details about an airline that's offering a nine-dollar airfare sale to the Caribbean

NEWS 4 November 2-It's no surprise the high gas prices are now taking a toll on workers across the country, according to a recent online survey by Manpower more than two thirds of the 13 hundred people who responded say the rising gasoline prices are affecting their ability to get to work

NEWS 4 November 3-A lot of fun things on Digital Edge, one for your health, something for kids and a look at the future

NEWS 4 November 3-Do you clean the old fashioned way? If so those days may be over. That is if you get the Ultimate Scrubber, the new way to clean according to the infomercial.

NEWS 4 November 4-Like to sing along to what's on the radio or even at a party? Digital Edge takes us online for a different kind of Karaoke, to a website called k-solo.

NEWS 4 November 4-How often should you change the antifreeze in a vehicle? Do you need to clean you gas fireplace? And a question about baby pajamas.

NEWS 4 November 7-Do you have a closet full of floor cleaning devices? Well the Swivel Sweeper says it works on any floor surface so you can say goodbye to those other products. But Does It Really Do That?

NEWS 4 November 7-The results of new crash tests are out to see which mini vans can best survive a side impact collision, this is the first time the Institute for Highway Safety has conducted such a test for mini-vans.

NEWS 4 November 8-Details of a scathing report about the Clarksburg Town Center were made public, the Montgomery County Council asked the office of Legislative oversight to investigate citizen complaints that the Housing Development was full of building code violations.

NEWS 4 November 8-While it's going to cost you more to heat your home this winter a new report indicates it may not be as bad as first thought. The Energy Information Administration has updated its forecast; it says homes that use natural gas will pay about 300 more than they did last year.

NEWS 4 November 8-Rental car rates heading up, consumer reporter Liz Crenshaw has the details, Liz reports on a new program that rewards homeowners for recycling trash. What do women want? The hotel industry is trying to come up with the answers. And the newest in fake Christmas trees may turn holiday decorating upside down. Hertz says it will boost car rental prices by at least 3 dollars a day and 10 dollars a week, the second increase in recent months for the rental car industry.

NEWS 4 November 8-In Baltimore there's a new reason to recycle incentives, in an experimental program Baltimore consumers who recycle would get coupons good at participating businesses, city residents will get special containers that contain a tracking device, the amount of recyclable trash would be weighed and residents would get credit for the amount they recycle. The age-old question asked by men what do women want? Is now being asked by the hotel industry, the USA Today reports that hotels are seeking new ways to court female business travelers and are trying all kinds of ways to get in touch with their female side.

NEWS 4 November 9- Prices continue to fall at the gas pumps, they dropped another penny in our area overnight, the national average for a gallon of regular unleaded is now 2 dollars 36 cents a gallon.

NEWS 4 November 9-With millions of baby boomers getting set to retire a House Committee is considering legislation to protect worker pensions. The House Ways and Means and Committee is expected to approve the bill.

NEWS 4 November 10-When we think of the Internet we think of text, graphics, music, and even movie clips, but you might be surprised to meet some of the people who make that Internet experience fun to see and use.

NEWS 4 November 10-You'er buying the trip of a lifetime so does it make sense to spend a little more and buy travel insurance? It turns out travel insurance is trick and Liz Crenshaw shows why. This is a story about a group of friends and a long awaited trip to Cancun, a hurricane named Wilma and travel insurance coverage that did not cover what the buyers expected.

NEWS 4 November 11-It's becoming a buyer not a seller's market in the Metro Area, a new report from the company that provides multiple listings in the region shows home sales are down and prices are falling. More homes are on the market and that is helping to drive prices lower.

NEWS 4 November 11-Ringtones are making cash registers ring as well, they are big businesses and while you can buy a lot of ringtones you can also make your own with a little help. IJ Hudson with more to report on.

NEWS 4 November 11-Keeping firewood dry; What do flammability warnings on toys mean? And a question about the changing colors of leaves. First question comes from Katie in Potomac, Maryland; she wants to know why leaves on trees change color? Why are some red while others are Yellow or orange? The National Arboretum says many think cool weather or frost causes the

leaves to change color and temperature may indicate the color and its intensity. The next question comes from Scott in Bristow Virginia he has a question about toy safety. He says he's seen children's toys with a warning label from the California Bureau of Home Furnishings and he wants to know if other states regulate toy safety or just California? The Consumer Product Safety Commission says the CPSC regulates federal toy safety standards, although states do have the power to set standards above the CPSC limits. Last question comes from Ron in Woodbridge, Virginia, he want s to know if he should cover his firewood to keep it dry and seasoned? The US Fire Administration says covering firewood with clear plastic is a great way to keep it dry and also lets the sun sort of bake out any moisture.

NEWS 4 November 14-The song lyrics say the falling leaves drift by the window, the autumn leaves of red and gold beautiful, but then of course you have to rake them up and that's where this story may help. Jeff and Gigi Melcher spend a large part of each fall raking leaves on their large tree filled property so they said they'd help us find out if the rake you choose can make the job easier.

NEWS 4 November 14-It's the same story with new devices, pornography available for download for viewing on mobile devices, that's the latest on the hi profile video ipod.

NEWS 4 November 14-It's going to be a long winter for many consumers, the Energy Department is predicting homes with natural gas or heating oil could see 300 dollars more increases in their heating costs. Electricity is also expected to go up.

NEWS 4 November 14-Car and truck collisions, this is all about plans to make vehicles safer when those crashes occur. The new safety effort will attempt to reduce the risk of cars sliding under trucks during head on collisions. Trucks currently use beams to prevent this rear end collision but automakers will now work on beams and redesigned truck front ends to prevent small cars from sliding under.

NEWS 4 November 16-Ford is recalling more than 220 thousand vehicles because of defects that could start a fire; the recall covers 2005 models of the Crown Victoria, Lincoln Town Car, and Mercury Grand Marquis Sedan. There's a problem with the battery cables that could spark a fire. The Ford Freestyle, Ford 500 Sedan and the Mercury Montego are involved in a separate recall; Ford says there's a problem with the straps that connect the fuel tank to the car's body.

NEWS 4 November 17-Gas prices in our area continue to fall, and AAA says some of the cheapest gas prices in the country are in Virginia, the national average for a gallon of regular unleaded is now two dollars and twenty-seven cents, in DC you'll pay on average two dollars and thirty-nine cents, in Maryland two dollars and twenty-five cents a gallon.

NEWS 4 November 17-There's a new cell phone service in the area and it's targeting a growing population in our area, the Latino community.

NEWS 4 November 17-An organization that advocates toy safety has released its annual list of the 10 most dangerous toys, and this year there may be a few toys that surprise you. Dolls and stuffed ponies top the list, Target's baby Serena baby I'm yours doll comes with a rattle and bottles that can be swallowed.

NEWS 4 November 17-Beaujolias Nouveau is here and while most people drink it the Japanese like to soak in it. At Hot Springs near Tokyo they were doing both, putting Beaujolais in and on their body.

NEWS 4 November 17-Pumpkin pie and Thanksgiving dates back to 1621 to the first Thanksgiving celebrated by the Pilgrims, we still celebrate with pumpkin pie today but does the best have to cost a bundle?

NEWS 4 November 17-If you find yourself a little behind paying your bills this holiday season you don't have to panic, credit counselors say there are bills you have to pay immediately and those that can wait a week or two. Pay your mortgage or rent first, your car bill is another must pay.

NEWS 4 November 18-It is a time-honored tradition for millions every fall, tailgating before the big game, but there's a move now to break the ties between college sports and alcohol.

NEWS 4 November 18-Thanksgiving questions for ask Liz, how long does it take to defrost a frozen turkey? Stuffing is it safe to cook in the turkey, and some questions about turkey leftovers.

NEWS 4 November 18-If you head out to see the flower this weekend you may want to pack along some scented lotions, but be careful some of those more pleasant smells can make you hungry. Forbidden foods like cinnamon buns, pumpkin pie and gingerbread now come in a bottle, but a few whiffs of the sweet scents can make you crave the real thing.

NEWS 4 November 21-There's a new alternative to cable in the area and it's coming from your telephone company, I J Hudson reports on Verizon's local entry into the television market.

NEWS 4 November 21-Some mixed news about holiday spending, two consumer groups are out with their annual survey that predicts how shoppers might behave. The Consumer Federation of America and the Credit Unions National Association say nearly a third of people questioned say they'll cut back on holiday spending this year, mostly because of higher gas prices and home heating cost.

NEWS 4 November 21-Grab some popcorn and watch your favorite movie over the Internet, the idea has been around for a while but is now getting a major boost. Movielink the company that has five major Hollywood studios under contract announced that Twentieth Century Fox will make its movies available on-line.

NEWS 4 November 21-Rutabagas, Fennel, Belgium Endive just a few of the delicious vegetables available for your holiday table if you know the tricks to preparing them.

NEWS 4 November 21-Many people don't even know what vegetables are, but we're going to bring some different produce to your holiday plate.

NEWS 4 November 22-Some of the hottest toys this year are dangerous, The Public Interest Research Group has released its annual report warning parents about toys it considers dangerous, but toy makers have fired back saying the list is misleading.

NEWS 4 November 22-We've all heard the warnings about the sun and the damage it can do to your skin, but if you've ignored that advice it's not too late to fix some of your problems spots. Ophelia Gibson stopped sunbathing years ago, but the dark spots on her face kept getting darker, after years of trying different crèmes, Gibson's dermatologist prescribed Epiquin Micro.

NEWS 4 November 22-A tip for airline passengers, don't get to the airport late, Liz Crenshaw has a warning for last minute fliers, also airline perks are going, going, gone so get ready to pay more. You may face a new hassle this holiday season, a shipping shortage and some helpful shopping news Liz has 10 tips to bag a bargain.

NEWS 4 November 23-Lots of folks are hitting the road this holiday weekend and for travelers heading west, gas prices may be a tad cheaper or about the same as they are here. AAA tells us if you're heading to Frederick Maryland prices there are ranging between two bucks and two forty for a gallon of unleaded regular.

NEWS 4 November 24-Most people have the day off but there are many like police officers, hospital and retail workers who still have to punch in on this holiday season.

NEWS 4 November 24-If there's a Geek on your shopping list, a group of fellow Geeks got together to offer gifts that might please the computer folks you know.

NEWS 4 November 24-Retailers are bracing for what they hope will be a big holiday shopping season. Black Friday is traditionally the biggest shopping day of the year and while storeowners remain hopeful new research suggests they may end up disappointed.

NEWS 4 November 24-Some retailers say there will be plenty of bargains available when stores open, Wal-Mart is opening its doors at 5 am and if you're in line early you may get a chance to snatch up a Game Boy for under 50 dollars or a portable DVD player for less than 70 dollars.

NEWS 4 November 24-While some people love to shop for others it's a chore battling the crowds trying to find the right present spending too much money, doctors say if you're not careful you can become stressed out during this holiday time. A doctor with Duke University says one way to avoid the stress is to set a budget before you shop.

NEWS 4 November 25-It is one of the most anticipated shopping days of the year and what's become trendy in recent years carried on today, stores opening before dawn people braving the cold some waiting in line since last night hoping to snatch up that coveted bargain that they've waited months to get.

NEWS 4 November 25-What else is hot on the holiday list this season? Some items are a bigger draw than others; some are hard to get your hands on. Apple stores are taking plenty of bites from holiday budgets this black Friday, the ipod and ipod accessories are the big draw.

NEWS 4 November 25-The shopping season is upon us and while a lot of folks enjoy the tradition of heading out to the malls others don't like to fight the crowds and while they do some shopping in the stores, they really like going online.

NEWS 4 November 25-Some of the folks who choose not to buy online sometimes cite concerns about Internet security, but there are ways to stay safe and secure. A new survey from the Business Software Alliance found one in four shoppers will stay away from the Internet, of those shoppers nearly 80 percent are concerned their personal information will be sold to a third party while 74 percent are worried about identity theft.

NEWS 4 November 25-If you just spent the day shopping and got totally confused when it came to buying the latest in video games for the holidays. Americans will spend 7 billion dollars on video games this year, that's just for the games, just the software not the machines. This year the hot item is a new system called XBOX 360 from Microsoft.

NEWS 4 November 25-They bought cars to be environmentally friendly but now owners of Hybirds could be slapped with a tax. The US Chamber of Commerce is urging the Federal Government to tax Hybirds and other fuel efficient cars to help pay for highway repairs.

NEWS 4 November 28-Retailers say the holiday shopping season has gotten off to a blockbuster start this year, a survey by the National Retail Federation shows the average shopper spent more than 300 dollars over the weekend.

NEWS 4 November 28-Never heard of Cyber Monday! The National Retail Federation says it created the day to give focus to a big growth in online shopping.

NEWS 4 November 28-The holiday season is here, are you about to stock up on batteries? If so what's the best battery to buy? Batteries claim to keep going and going but now every brand has a myriad of choices, alkaline, titanium, lithium how do you choose?

NEWS 4 November 29-Tis the season for sending out photo greeting cards. But if you shoot digital photos does it matter who processes your snapshots into cards? Everyone likes getting photo greeting cards, your family your friends, give one to the coffee guy in the morning and it's all so easy with digital photography, how could any picture go wrong?

NEWS 4 November 30-With interest rates climbing and houses not selling as fast as they once were, there's a changing dynamic in the way homebuyers are financing. It's happened over the past six months as rates on popular adjustable rate mortgages have climbed from 4 and a half percent in May to 5 and a quarter now.

NEWS 4 November 30-Virginia will provide nearly 18 million dollars in additional aid to help low-income families heat their homes this winter.

NEWS 4 December 2-Using the Internet to make phone calls isn't new but a relatively new service is integrating video with those calls and making a big push for more users.

NEWS 4 December 5-Looking for a new car in 2006? The insurance institute for highway safety has picked ten cars for its first ever top safety pick award, the awards are based on which vehicles provide the best protection in its front, side and rear crash test.

NEWS 4 December 5-Every year we ask the toy makers to send us their new special toys for the holiday, we've been gathering toys now for weeks and all this week we will be showing off what we think the kids will want on their lists.

NEWS 4 December 6-Some teenaged girls who launched a boycott against Abercrombie and Fitch got some face time with company executives, the girls launched the boycott because they're upset with the messages that appears on some of the T-shirts that the stores sell.

NEWS 4 December 6-NBC Universal and Apple Computers are forming a partnership, the network which owns NBC 4 will offer some of its primetime, cable, late night, and classic TV shows to the I-tunes music store.

NEWS 4 December 6-Here's something to consider as you dread wading into the holiday retail madness at the local mall. Shopping can get you high, yes there is evidence that suggests shopping releases dopamine's in your brain which give you a feeling of intense pleasure and satisfaction.

NEWS 4 December 7-The rush is on to get rid of all the leaves quickly before our second snow comes on Friday, in Montgomery County the trucks have been out in full force.

NEWS 4 December 7-NBC 4 wants to help you protect yourself from the growing problem of identity theft, it takes place on Saturday December 10th from 8 am to noon at the Mercantile Potomac Bank at 702 Russell Avenue in Gaithersburg, MD or at 21031 Triple seven Road in Sterling, Va.

NEWS 4 December 7-The battle is over Liquefied Natural Gas, an explosive substance that could be deadly if leaked into the air, despite the potential risk, Washington Gas wants to build a new storage tank for the substance in Hyattsville.

NEWS 4 December 8-For a lot of people, going green this holiday means going global, imagine giving a gift that allows you to help a small artisan or farmer in a developing country support their families, giving a gift that helps keep a struggling culture alive, a gift that celebrates indigenous people and supports the environment.

NEWS 4 December 8-If you just have to keep up with the latest news, weather, and sports a new phone from Cingular may be just the ticket.

NEWS 4 December 8-If you are concerned about the growing problem of identity theft we invite you to join us at the NBC 4 safe & secure community shred, it takes place at two Mercantile Potomac Bank locations this Saturday December 10th from 8 am to noon.

NEWS 4 December 8-It's a new case of buyer beware and it involves booking holiday vacations online, a woman from Florida found out the hard way when she planned a vacation for her and her mom last May. Candace Baxter says she booked a hotel room on a Florida Beach through Lodging. COM.

NEWS 4 December 8-Stuck for a holiday gift idea? How about a beautiful gift filled with premium fruits and gourmet snacks. The Internet is filled with gift basket sellers, but Liz Crenshaw is taking a look at what you get for your money.

- NEWS 4 December 8-Chicken lovers got up bright and early for a chance to win some free food. Chick-fil-a sponsored the promotion to mark the opening of its new restaurant on route one in Laurel.
- NEWS 4 December 9-poinsettia's are a symbol of the holiday season but thanks to hurricane Wilma a big chunk of this year's crop in Florida never bloomed, at Floral Acres in the West Palm Beach area 50 thousand Poinsettias were wiped out by Wilma.
- NEWS 4 December 9-It's the online shopping season, 26 billion dollars in online sales between Thanksgiving and Christmas according to Jupiter Research, it's a good time to think about keeping your personal information safe.
- NEWS 4 December 9-A new study finds a bad connection between cell phones and family life, through they were supposed to give freedom cell phones and pagers appear to be tethering people to their jobs to an unprecedented degree.
- NEWS 4 December 12-The holidays came early for DC Central Kitchen, and today Sprint donated 11 new GPS cell phones to the non-profit group, the technology will help streamline their meal distribution process. The phones are equipped with a web-based tool that will allow the food kitchen to keep better track of drivers out doing food pick-ups and deliveries.
- NEWS 4 December 12-With 12 shopping days left until Christmas it may pay you to be a procrastinator, according to a mid season shopping report many discount retailers boosted discounts this past weekend.
- NEWS 4 December 12-Shipping for the holidays can be a hassle, packing the gifts just right so they don't break and heading out to the Post Office sometimes standing in long lines. But several companies now promise to make holiday shipping hassle free.
- NEWS 4 December 13-We had cyber Monday right after Thanksgiving and the start of the online shopping season but the next few days could be the biggies and the most dangerous for online shopping.
- NEWS 4 December 14-Road crews around the area are busy getting ready for whatever may come, officials say they'll begin pre-treating roads early.
- NEWS 4 December 15-imagine making only 500 dollars a month and having a heating bill that's close to one thousand, what on earth do you do? The District Government has a number of assistance programs that will help pay those bills and today it started a campaign to reach the people who need help the most.
- NEWS 4 December 15-There are scores of new videos and DVD's that claim to give babies and toddlers an educational head start, but there appears to be little evidence to back up that claim, research has proven the educational benefits of TV's Sesame Street.
- NEWS 4 December 15-If you've got someone on your holiday list that's just got to have the latest electronic gadget, we've got some help.

- NEWS 4 December 15-Electronics are typically on the top of some folks lists, and if all the gadgets on the market have you confused Jim Barry of the Consumer Electronics Association can help.
- NEWS 4 December 16-One high end retailer is pulling out all the stops to attract more male shoppers, Borsheim's jewelry store in Omaha, Nebraska offered free beer and pizza to lure out those men who can't stand holiday shopping.
- NEWS 4 December 19-If you noticed longer lines at the post office that's because this is projected to be the busiest mailing day of the year, the postal service expects to handle 900 thousand pieces of holiday mail just in the DC area.
- NEWS 4 December 19-Don't look now but gas prices are going up again, there's been a significant jump in the past two weeks, nationally regular unleaded now cost 2.21 a gallon, that's up 9 cents from two weeks ago.
- NEWS 4 December 20-There are just four shopping days left until Christmas, as we head into the final week, last minute shoppers are creating a holiday treat for retailers.
- NEWS 4 December 20-It's the time of year when neighborhoods are aglow with holiday lights, but how much can they cost you and are some bulbs better than others when it comes to saving on your utility bill.
- NEWS 4 December 21-Lots of us will be on the road or in the air this holiday season and bringing gifts to loved ones, to make your travel more safe AAA has some tips for folks carrying holiday packages.
- NEWS 4 December 21-AAA says another good option is to send your packages before you travel, but time is running out for that. If you are sending your gifts in the mail make sure they are securely packaged.
- NEWS 4 December 22-It's the yellow pages with a view, a local company shows us what a business you want to go to looks like before you head out.
- NEWS 4 December 22-Just about everyone is offering a financial rebate this holiday season, but very few people are cashing in, now a state Delegate from Howard County wants to change that.
- NEWS 4 December 23-Less than 48 hours until the wrapping paper starts flying, but many of you still haven't even brought the presents.
- NEWS 4 December 23-Based on the crowds we saw at Westfield Montgomery, if you've waited until now to shop you are not alone.
- NEWS 4 December 23-An alert fro some pet owners, one of the top pet food suppliers has recalled tainted food for dogs and cats. The company Diamond Pet Foods, it markets to 22 states including Maryland and Virginia.

NEWS 4 December 23-How about some last minute gifts for your pet? Maybe some fine jewelry or some new threads for the season.

NEWS 4 December 26-All the business is bringing smiles to the faces of retailers who hope to see more people buying than not.

NEWS 4 December 26-A warning to parents about a potential problem with a popular stroller, while no recall has been issued parents are putting the word out over the Internet about issues they've encountered with Even Flo's Take Me Too Stroller.

NEWS 4 December 27-People in our area are receiving their first heating bills of the year and the costs are a lot higher.

NEWS 4 December 27-Gadgets and more gadgets, hi tech toys and electronics were once again big sellers this holiday season.

NEWS 4 December 28-With heating costs expected to be a lot higher this winter people are trying to find ways to save, each day this week we're showing you five steps you can take to winterize your home and save money.

NEWS 4 December 28-A probe is underway to see if what you pay to download music is fair, it comes from New York States Attorney General Elliot Spitzer.

NEWS 4 December 28-Want to know what'll be hot in 2006? Trend watchers say designers will steer fashion toward a more preppy and collegiate style.

NEWS 4 December 30-It's a cruel fact, expect to spend more this winter to heat your home, all this week we've been providing you with some tips to help you reduce your winter heating bills.

NEWS 4 December 30-The great New Year resolution shift is about to happen, the crowds will go from the shopping malls to the local gyms, armed with pledges to live a healthier life. NEWS 4 December 30-E-bay has been able to cash in on those gifts that people are glad to get rid of, now that the holidays are over the company is expecting a big boom.

Transportation

NEWS 4 October 7-It wasn't easy getting around in the rain, heavy downpours made driving difficult, police blame the wet weather for several accidents in the area.

NEWS 4 October 7-The uproar at the Washington Monument was a false alarm, the area around the Monument was evacuated after someone made a threatening phone call, but after a thorough search, police found nothing dangerous.

NEWS 4 October 11-There were some frightening moments when three vehicles including a school bus collided in Prince George's County, the accident happened at the intersection of Muirkirk Road and Cedarbrook Lane in Beltsville. It involved a school bus, a metro access bus carrying people with special needs and a car.

NEWS 4 October 12-A large truck spilled its load on I-95 at the split with the beltway in Beltsville, the road is not shut down, but traffic is slowly getting around the mess.

NEWS 4 October 14-A number of roads are closed or will be closed in preparation for the event, right now Maryland Avenue between Third Street and Independence Avenue in southwest are closed.

NEWS 4 October 17-Private planes will once again be allowed to land and take off at Reagan National Airport, the ban on general aviation is being lifted and it has been since the 911 attacks four years ago.

NEWS 4 October 17-After more than four years ago, Reagan National Airport is once again open to private planes, but security for those flights are tight and some people are complaining that it's too tight.

NEWS 4 October 17-How safe do you think you are when driving next to big trucks? A new report is shedding some light on that. Citizens for reliable and safe highways says Wyoming has the highest number of truck related deaths while Hawaii has the lowest, Maryland was ranked 34th on the group's list, Virginia 37th, and the District 46th.

NEWS 4 October 24-Parking in the District can be a major challenge for some drivers and it could be getting worse, The Washington Times reports the city is setting aside about 200 parking spaces in some neighborhoods for two car sharing companies, zip car and flex car to use.

NEWS 4 October 25-Virginia Railway Express is making some cuts to avoid raising fares, the rail line is eliminating its late morning train service from Manassas to Union Station, the train number 334 will stop running on November 28th.

NEWS 4 October 27-How do you speed up traffic on the two Potomac River bridges that connect Maryland and Virginia? To try to find an answer the states have to conduct two studies, the studies will examine 14-mile stretches of the Capital Beltway at both the Woodrow Wilson and the American Legion Bridges.

NEWS 4 October 28-It'a hard to believe but winter is already fast approaching and while the wintry weather hits local officials say they'll be ready. Prince George's County held an early morning snow drill to make sure everything goes off without a hitch, during a typical snowfall there are 165 county trucks on the road spreading some 9thousand tons of salt and sand.

NEWS 4 October 31-Greif Counselors consoling teenagers at a Fairfax School over the passing of a classmate killed in a car crash, the accident happened on Beach Mill and Walker Roads in Great Falls. Police say 16-year-old Vanessa Pean lost control of the SUV she was driving.

NEWS 4 November 1-One is a project more than 4 decades in the making, the tri-county parkway. The plan is supposed to help ease congestion along route 28 and I-66 by creating a new north-south roadway in Prince William County

NEWS 4 November 1-A vote is expected on another proposal, that experts hope will make your commute home faster. Transportation Officials will vote on which of two proposals for high

occupancy toll lanes or hot lanes they will choose for the I-95/395 corridor in Northern Virginia. Two private groups have proposed building the HOT lanes from the 14th Street Bridge to the Fredericksburg area.

NEWS 4 November 2-The region's three major airports are slated to receive new technology that will improve runway safety, the Federal Aviation administration made the announcement after the Air Traffic Controllers Union complained that outdated equipment is leading to near misses at airports nationwide.

NEWS 4 November 2-With one of the busiest travel seasons just a couple of weeks away, air traffic controllers are drawing attention to problems they say put passengers at risk. They complain that control towers are understaffed and they are working with insufficient radar equipment.

NEWS 4 November 3-Frequent fliers may soon be able to avoid those long security lines at airports, the Transportation Security administration plans to make its registered traveler program available nationwide. The program has been tested at five airports including Reagan National.

NEWS 4 November 3-Many travelers looking to fly home for Thanksgiving are paying more for tickets this year, that's if they can find tickets. Airlines are scheduling 3 percent fewer flights this month and people are already scrambling to find seats. It may seem a bit early to talk about the holiday travel rush this many weeks before Thanks giving, but some people are panicking now because they can't find open flights.

NEWS 4 November 3-Virginia Congressman Frank Wolf and V-DOT are at odds over new technology that was supposed to be installed to keep traffic moving in parts of Northern Virginia, last year Wolf helped get Federal funds to install traffic detectors along routes 7, 28, and 50.

NEWS 4 November 4-This is the time of year to keep an eye out for deer on the roads, especially in Virginia where drivers are among the most likely in the country to hit one. According to State Farm Insurance Pennsylvania drivers report more deer car crashes than any other state.

NEWS 4 November 7-You can expect more traffic headaches near the Wilson Bridge project, multiple lanes on the Inner and Outer loop of the beltway will be closed from Braddock Road exit to Van Dorn Street. The work will take place during the midday and at night so the morning and afternoon rush hours shouldn't be affected.

NEWS 4 November 7-Gaithersburg pilot Gus McLeod is putting off for now, another attempt to fly around the world until he figures out what's wrong with his single engine plane.

NEWS 4 November 7-One year after launching the low-cost Independence Air out of Dulles. Fly I incorporated is headed to bankruptcy court.

NEWS 4 November 9-Federal investigators are on the scene of a deadly single engine plane crash in Northern, Virginia, the plane took a nosedive near Leesburg Executive Airport. The two people on board, a student pilot and instructor both died in the crash.

NEWS 4 November 9-The parkway is designed to ease traffic gridlock in Montgomery County, but not everyone believes it's necessary and now a group that opposes it plans to file a lawsuit on Monday to try to stop the project.

NEWS 4 November 14-After 15 years of delays officials in Montgomery County are moving forward with a plan to ease traffic gridlock, Executive Doug Duncan announced the beginning of construction on the Montrose Parkway, the 68 million dollar project is designed to ease traffic between the Rockville Pike and I-270.

NEWS 4 November 16-A group of children were witnesses to a horrible event, when an accident between their school bus and a car ended with one person being killed, it happened at the intersection of New Hampshire Avenue and Bonifant Road in Colesville, Maryland.

NEWS 4 November 16-A college student from Alexandria, Virginia and two of her friends were killed when their car slammed into a tree, the accident happened about 10 miles south of Greensboro, North Carolina along US 421.

NEWS 4 November 16-How safe do you feel riding Metro? A report just recently made public is bringing some customer complaints to light.

NEWS 4 November 17-Fairfax County supervisors are considering tougher driving laws for teenage drivers, in the first 10 months of this year there were 794 reported crashes across the Country involving a driver between 15 and 18 years old. Lawmakers are expected to vote on the proposals in early December.

NEWS 4 November 18-With less than a week to go before Thanksgiving the travel rush is already on, many in the Washington area are getting a jumpstart on the holiday.

NEWS 4 November 18-Virginia's transportation planners have endorsed a location for the proposed Tri County Parkway in Prince William County; four alternatives were originally on the drawing board to help relieve congestion on I-66 and route 28.

NEWS 4 November 21-15 year old Brittany Mongeon was killed, the High School sophomore was a front seat passenger in a car that crashed on Brandywine Road. And her family is speaking out.

NEWS 4 November 21-A scare in the skies over Portland Oregon, a Nike Corporate jet developed landing gear problems and had to circle the airport for five hours until it could safely land.

NEWS 4 November 23-There's good news for travelers who need to get around major construction zones this weekend, all construction to the Bay Bridge is being put on hold until late Friday night so there should not be any delays until then.

NEWS 4 November 23-All lanes of I-95 are back open after a fiery crash in Beltsville early this morning, a gasoline tanker hauling thousands of gallons of fuel burst into flames around 5 am. The driver had just filled up the truck with gas and was heading south from Baltimore.

NEWS 4 November 24-Police say a drunk driver is to blame for a Thanksgiving tragedy on the road that left an 18-year-old dead, it happened in the Falls Church area.

NEWS 4 November 24-Prince George's County police had an unusual but serious accident on their hands when a truck slammed into a house, it happened around 10 o'clock this morning in the 6 hundred block of Bryans Point Road in Accokeek.

NEWS 4 November 28-An amazing scene on a ramp to the beltway when a woman drove off the road and landed in a tree.

NEWS 4 November 28-Police in Northern Virginia are launching a new campaign they hope will slow down speeders, over the next couple of weeks drivers who use the Fairfax County Parkway and the Franconia Springfield Parkway will notice a heavier police presence on those roads.

NEWS 4 November 30-Police have arrested the driver who set off a chain reaction crash, William L. Moran is facing 15 different charges, 6 of them felony charges. Police say they found marijuana in his car and are disputing the account that a medical condition led to the crash.

NEWS 4 November 30-Some pilots are upset after the Federal Aviation Administration added flight restrictions over Vice President Dick Cheney's new Maryland home. Cheney recently bought a house along the Chesapeake Bay in St. Michaels, Maryland about 30 miles east of Washington.

NEWS 4 December 2-You'll soon see some changes at Airport Security lines, the transportation security administration says you'll be able to bring small sharp objects like scissors and screwdrivers aboard planes again.

NEWS 4 December 2-A teenage driver accused of hitting and killing a bicyclist while text-messaging behind the wheel will only face misdemeanor charges.

NEWS 4 December 2-The Fairfax County Connector is marking its 20^{th} anniversary with a new mission to attract Hispanic riders.

NEWS 4 December 5-The promise of snow has had grocery stores and gas stations busy, but there are some businesses that aren't doing much business right now.

NEWS 4 December 5-The snow is creating some problems fro drivers and some area school systems.

NEWS 4 December 5-It's been many months since most of us have had to drive in the snow, so if you are heading out AAA has some advice to pass along.

NEWS 4 December 6-Police in Charles County Maryland say the snow played a part in a deadly accident last night, a little boy who was riding a sled with his brother and sister was killed when a car slid off the road and hit them.

NEWS 4 December 6-Those accidents are a reminder that the winter weather can make for dangerous driving conditions, and while the first snowfall of the season is already starting to melt away authorities want you to be prepared.

- NEWS 4 December 7-Federal Marshals on board an American Airlines plane shot and killed a passenger who claimed to have a bomb in his carry-on bag.
- NEWS 4 December 7-Where you live could determine how much you pay for auto insurance, a new insurance study found drivers living within a mile of a church are ten percent less likely to be in a crash than other drivers.
- NEWS 4 December 9-A Southwest Airline Jet that took off from Baltimore is still sitting on a Chicago street after skidding down a runway plowing through a fence and landing atop a car killing a 6 year old boy. The accident happened at Midway Airport.
- NEWS 4 December 9-There were 98 passengers on board that Southwest Airline fight that wrecked in Chicago, some of the passengers who got on that plane when it left from Baltimore are talking about their harrowing experience.
- NEWS 4 December 9-National Transportation Safety Board Officials are talking right now about that plane that skidded off a runway and onto a street and killing a 6-year-old boy.
- NEWS 4 December 15-The mixture of sleet, snow and freezing rain is creating a wintry mess on area roadways.
- NEWS 4 December 15-If you have to go out on the roads you'll want to keep in mind these important winter driving tips, make sure you have tires with good tread, reduce your speed and keep plenty of distance between the car in front of you.
- NEWS 4 December 15-In Virginia drivers will soon have to pay a little more to use the Dulles Greenway, tolls are going up January 1^{st} for the 6^{th} time in ten years.
- NEWS 4 December 16-The accident happened on the outer loop of the beltway in Tyson's Corner, 57-year-old Philip Heusted of Caroline County Virginia was killed. He was driving the Fed-Ex tractor-trailer about 5:30 this morning.
- NEWS 4 December 16-The deadly day has The Virginia Department of Transportation defending its overnight de-icing efforts.
- NEWS 4 December 16-In Maryland 6 people are in the hospital after a three-vehicle crash involving a tractor-trailer and a ride on bus, it happened just before 11 this morning at the intersection of Brink Road and Ridge Road in Germantown.
- NEWS 4 December 16-Washington area residents will travel to see friends and family in record numbers this holiday, in it's annual report AAA is forecasting that more than one million people from our area will travel 50 miles or more away from home. That beats last year's record by about one percent.
- NEWS 4 December 19-A return to red light cameras that's what some traffic safety advocates in Virginia want to see happen when the state legislature re-convenes next year.
- NEWS 4 December 20-In New York City people are hoofing it, waiting in long lines for taxis and car-pooling, 7 million daily bus and subway commuters trying to get from here to there in

the face of a transit strike. Workers walked off the job overnight shutting down the city's train and bus system.

NEWS 4 December 20-The search for answers is under way after a deadly seaplane crash near Miami Beach, Federal investigators are trying to determine why the plane broke apart and plunged into the Atlantic Ocean just moments after take off.

NEWS 4 December 20-New technology is coming to Reagan National Airport, which the Federal Aviation Administration says will improve safety, landing capability, and efficiency, the technology is called RNP or Required Navigation Performance.

NEWS 4 December 21-A fatal accident on the beltway in Maryland has police wondering why the driver never hit his brakes, he ended up plowing into the back of a stopped school bus.

NEWS 4 December 21-Another travel story is good news for those of us who know what it's like to pick up friends or family from Dulles Airport, it's a new cell phone waiting area, a free alternative to circling the main terminal until the person you're waiting for comes out.

NEWS 4 December 22-As if traffic around the Woodrow Wilson Bridge isn't bad enough, today a car on the bridge caused things to really get backed up, the DC Department of Transportation says the bridge wouldn't properly close after a car ran a red light. It then hit the center span as it was trying to open and got stuck.

NEWS 4 December 22-If you're flying this holiday season, you'll notice some changes at the security lines. New Airport screening rules went into effect; security screeners will now allow travelers to carry small scissors and certain tools on planes.

NEWS 4 December 22-The security changes go into effect right smack in the middle of the busiest travel time for Airlines, today and tomorrow are expected to be among the heaviest travel days with families rushing home for the holidays.

NEWS 4 December 22-A 11-year-old girl is fighting for her life after she was struck at around 7 this morning while trying to cross Midcounty Highway in Gaithersburg near Washington Grove Lane.

NEWS 4 December 27-Some members of the Montgomery County Council are once again objecting to the Intercounty connector, the road would connect Montgomery and Prince George's Counties north of the beltway.

NEWS 4 December 28-FAA officials say the pilot flew from Clinton Maryland to Stafford Virginia and ventured into restricted air space on his way back.

NEWS 4 December 28-The numbers are alarming, a new report says that more than 600 bus stops in Fairfax County are not safe for pedestrians.

NEWS 4 December 28-New research suggest folks who act like jerks on the road behave the same way even when they are not driving, researchers at the University of Minnesota found most

people with hostile personalities are more aggressive when they drive than people who are more docile.

NEWS 4 December 28-The Teddy Roosevelt Bridge has seven lanes but come next month one of them will be closed for repairs and that could mean delays for drivers.

NEWS 4 December 29-The Intercounty connector is once again coming under fire, the road would connect Montgomery and Prince George's Counties north of the beltway.

Environment

NEWS 4 October 3-Fire officials are on the scene of a gas main rupture in the Chantilly area, it happened in the 42 hundred block of Pennsboro Court and has forced the evacuation of several homes.

NEWS 4 October 4-Firefighters had their hands full when a dangerous fire broke out at a sewage treatment plant, the fire started about 9:30 at the Blue Plains sewage treatment facility in Southwest Washington.

NEWS 4 October 4-A district neighborhood is facing a question of privacy versus security after a pilot surveillance project gets a green light, the residents of a northeast neighborhood pushed for the surveillance camera after dealing with illegal dumping in that area for years.

NEWS 4 October 6-The dry weather has been taking a toll on many communities in Virginia, farmers are having a tough time but they're not the only ones.

NEWS 4 October 19-Folks in Florida are bracing for what could be another monster storm, hurricane Wilma has gained enormous strength over the past 24 hours and now has sustained winds of 175 miles per hour. That makes Wilma a category five storm.

NEWS 4 October 20-Residents in South Florida are trying to get out of Wilma's way, folks are putting up shutters, buying canned goods and bottled water and waiting in long lines at gas stations.

NEWS 4 October 20-The recent bad weather around the country has some local officials looking at dam safety in this area and the findings are not good, the Maryland Department of Environment says eight dams in the state are considered unsafe though it is refusing to identify those dams.

NEWS 4 October 20-A warning to drivers, its deer mating season and more cars hit deer from now through December than any other time of year. Be especially vigilant at dawn and dusk when deer are most active, when you see a deer flash your headlights and honk the horn to get it to move.

NEWS 4 October 24-The storm struck land as a category three storm flooding streets, uprooting trees, and knocking out power to millions of people, at least one death in Florida is being blamed on Wilma.

NEWS 4 October 25-It's not even Halloween yet but the weather is playing some tricks, while we were getting pounded by rain in our area folks in Garrett County Maryland woke up to snow.

NEWS 4 October 25-The early snow has caught some in the area by surprise, along skyline drive it means white on the leaves instead of the usual fall colors and a difficult time for visitors.

NEWS 4 October 27-Driving home from work at night you probably see deer, insurance officials say they cause more than 1 and a half million crashes each year leading to more than 1 billion dollars in damage. Now local authorities are doing something about it.

NEWS 4 November 14-The District's Department of Transportation is holding an open house to discuss the future of the Whitehurst Freeway, the meeting is taking place at the Melrose Hotel on Pennsylvania Avenue.

NEWS 4 November 16-As that cold front pushed through it brought with it some wild weather, high winds whipped through the area snapping tree limbs and whipping around a few hats and umbrellas.

NEWS 4 November 16-Some cooler weather already in the area created an unwelcome event on the National Mall.

NEWS 4 November 17-People traveling into Prince George's County can now see results of a project to improve the Count's image, the County unveiled it's first sign of the Gateway Project. The sign reads "A livable Community" and will help improve the looks of Landover Road.

NEWS 4 November 21-Some DC postal workers are upset about working conditions at one mail facility, they have had their complaints answered, DC Delegate Eleanor Holmes Norton toured the postal facility at 33 hundred V street and examined some new equipment that workers say the building desperately needed. Workers were concerned their building did not have the same type of biohazard detection equipment that other postal facilities have in the city.

NEWS 4 November 21-Imagine being allergic to your home, it's not uncommon the Environmental Protection Agency says our indoor air is filled with pollution coming from a variety of household products and furnishings that can make people sick because they release chemical gasses that you don't notice.

NEWS 4 November 24-The turkey is either already eaten or about to come out of the oven, when that turkey is cooked you'll have lots of leftover juices and fat you can make gravy but some people are choosing to save the grease and recycle it.

NEWS 4 November 25-It wasn't your typical call for help but police in Fredericksburg were summoned to some railroad tracks on Wednesday after an Amtrak train hit a bald eagle, amazingly the bird survived but it was pinned to the front of the engine. Officers called to the scene managed to free the injured bird and get it back to the police station where they called Virginia game officials for help.

NEWS 4 November 30-A massive evacuation at the Library of Congress Building, hundreds of people were forced out for more than three hours after toxic fumes began filling the building.

NEWS 4 December 9-What would you do if a big bear went into hibernation right under your front porch? In Northeastern Pennsylvania a 600-700 pound black bear settled in for a long winter's nap under one families porch.

NEWS 4 December 21-Students at one Montgomery County Middle School got a break from the books, but it had nothing to do with the weather. Fire and rescue officials say a delivery truck driver was trying to avoid an icy patch when he backed into a valve connected to an underground propane tank, that triggered an emergency evacuation of hundreds of students to nearby Sherwood High School where they were able to wait inside until being picked up or bused home.

NEWS 4 December 26-Now that Christmas is over it's time to start thinking about throwing out your Christmas tree, area jurisdictions are putting their plans into effect.

NEWS 4 December 29- Some 80 percent of the areas devastated by the tsunami. And there is a lot of work to be done.